



**GMC No. 6042936**

## SPECIALISMS

ADHD (Diagnosis)  
ADD (Diagnosis)  
ADHD  
ADD  
Antisocial Behaviour  
Anxiety  
Bipolar  
Cultural Diversity  
Depression  
Domestic Violence  
Mood Disorder  
Non-Accidental Injury  
OCD  
Personality Disorders  
Postnatal Depression  
Psychosis  
Psychosomatic  
PTSD  
Schizophrenia  
Self-Harm  
Sex Change  
Suicidal Ideation  
Trafficking  
Trauma  
Victims of Torture

## CASE TYPES

ADHD  
Clinical Negligence  
Criminal  
Fitness to Plead  
Forensic  
Occupational Health  
Risk Assessments  
Second Opinion

I am a General Adult Consultant Psychiatrist and Approved Clinician with over 20 years' experience. My areas of expertise include Psychosis, Bipolar Affective Disorder, Depression, Anxiety Disorders, PTSD, Trauma, Neurodevelopmental Disorders including Adult Attention Deficit Hyperactivity Disorder (ADHD) and Occupational Psychiatry. I routinely include various psychological models as part of my treatment and management, especially while working with patients with complex Personality Disorders. I have experience and formal training in Leadership, Change Management and Service Improvement. I also have experience teaching at postgraduate and undergraduate levels.

## QUALIFICATIONS

- **1997** Bachelor of Medicine, Bachelor of Surgery (**MBBS**)
- **2006** Member of Royal College of Psychiatrists (**MRCPsych**)
- **2013** Postgraduate Certificate in Leadership and Service Improvement (**NHS Leadership Academy, University of Birmingham and Manchester Business School**)
- **2016** Management Fundamentals for Consultants and Senior Clinical Leaders Programme (**Imperial College, Executive Education Programme**)

## MEDICOLEGAL SKILLS

I have experience in medicolegal work in England and Wales. I have provided reports and opinions to various Solicitors and Barristers in various specialisms including civil and criminal cases for the defence and prosecution, family proceedings, clinical negligence, Fitness to Plead, Occupational Health and second opinions. I produce approximately 30 reports annually both as a single and joint expert, attend court hearings and give evidence when required. I have regular medicolegal training as part of my continuous professional development.

## CLINICAL EXPERIENCE

- **May 2020 till date**  
Clinical Director for Brent Mental Health Service and Consultant Psychiatrist, Harness Locality, Brent Community Mental Health Team, Central and North West London NHS Foundation Trust (CNWL). My role includes:
  - Providing senior clinical leadership for Brent Mental Health Services.
  - Working closely with Integrated Care Partnerships (ICP) and Primary Care Networks (PCN) as part of the senior management team in the Trust.
  - Participating in quality and business projects in the Trust.
  - Providing reports and evidence to Mental Health Review Tribunals and Coroners hearings.

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- Providing out-patient follow up, community visits and consultation with GPs.
  - The supervision and training of staff, trainees, medical students and other clinical staff and trainees of all disciplines.
  - Providing support and advice to colleagues of different professional backgrounds as required.
  - Liaising with other services, consultants in other acute services and local GPs.
- **January 2023 to December 2023**  
Consultant Psychiatrist with Top Doctors, a globally recognized private healthcare provider. I offer a range of assessments and treatments for Psychotic, Affective and Anxiety disorders (including PTSD and Phobias), Adult Attention Deficit Hyperactivity Disorder (ADHD), Fertility counselling and work-related stress.
  - **September 2021 to September 2023**  
Consultant Psychiatrist with the ADHD Centre. This is a team of experienced Consultant Psychiatrists, Psychotherapists, and ADHD Behavioural Coaches who offer a service dedicated to the scientific study of ADHD assessment and treatment.
  - **February 2018 to September 2021**  
Consultant Psychiatrist with Clinical Partners private mental healthcare partnership. I offered a range of assessments and treatments for Psychotic, Affective and Anxiety disorders including PTSD, Adult Attention Deficit Hyperactivity Disorder (ADHD), Autism Spectrum Disorder (ASD), Phobias, and Personality Disorders. I also conducted independent assessments (including occupational health assessments) and written expert reports.
  - **September 2016 till date**  
Consultant Psychiatrist in CNWL Adult Attention Deficit Hyperactivity Disorder (ADHD) Assessment and Treatment Service.
  - **January 2015 to May 2020**  
Consultant Psychiatrist, Harrow West Community Mental Health Team, CNWL.
  - **August 2014 to January 2015**  
Locum Consultant Psychiatrist, Harrow Community Recovery Team, CNWL.
  - **September 2011 to August 2014**  
Higher Specialty Registrar at North Essex Partnership NHS University Foundation Trust in Liaison Psychiatry and the Mental Health Single Point of Access and Assessment Service, Old Age Psychiatry and General Adult Psychiatry.
  - **September 2012 to August 2013**  
NHS leadership Academy Clinical Leadership Fellow.
  - **September 2011 to August 2012**  
Honorary Higher Specialty Registrar in Neuropsychiatry, National Hospital for Neurology and Neurosurgery, Queen Square London.
  - **August 2010 to September 2011**  
Specialty Doctor in General Adult Psychiatry, Northwick Park Hospital, CNWL.





- **October 2009 to August 2010**

Staff Grade Psychiatrist in Addictions and Substance Misuse, HMP Pentonville.

- **December 2008 to September 2009**

Client Relations Manager, Hygeia Health Management Organisation (HMO).

- **November 2006 to October 2008**

Locum Staff Grade Psychiatrist in General Adult Psychiatry

- General Adult Psychiatry, Northwick Park Hospital, CNWL
- Gloucester Recovery Team, Gloucestershire Partnership NHS Trust
- Liaison Psychiatry, Leeds General Infirmary

- **January 2003 to August 2006**

Senior House Officer Rotation in Psychiatry, South London and Maudsley (SLAM) NHS Foundation Trust.

## EDUCATION AND TRAINING

- Training in the Autism Diagnostic Observation Schedule 2nd edition (ADOS-2)
- Bond Solon Criminal Experts Law and Procedure
- Bond Solon Excellence in Report Writing
- Bond Solon Courtroom Skills Training
- Royal College of Psychiatrists Medicolegal Training—Writing for Court
- UKAAN Diagnosis and treatment of Adults with ADHD
- UKAAN Pharmacological treatment of Adult ADHD
- Autism Spectrum Disorders Royal college of Psychiatrists CPD update course
- Medical Management of Severe Mental Illness
- Cognitive Behavioural Therapy (CBT) training
- Working with Difficult Patients: Psychoanalytic Understanding Applied to working in Psychiatric and Forensic Settings
- Medical Leadership: Medicine and Management in Partnership
- King's Fund Management course
- Personality Disorder in Adults

## RESEARCH

- 2014 - The effects of Clozapine on total body composition in patients with Schizophrenia conducted at a London Hospital.
- 2013 - Roche Scarlet Road study evaluating the effect of subcutaneous Gatanerumab on cognition and function in prodromal Alzheimer's disease.
- 2013 - GE 005 study assessing the prognostic usefulness of Flutemetamol injection for identifying subjects with amnesic Mild Cognitive Impairment who will convert to probable Alzheimer's disease.
- 2003 - Assessment of impact of gender, ethnicity and social background on the prodromal period, duration of untreated psychosis and relapse in first episode patients in a London Early Intervention in Psychosis Service.





## PUBLICATIONS

- 2022 - Prescribing guidelines for improving the extent of Clozapine use in NHS mental health units. Submitted to the British Medical Journal (BMJ).
- 2014 - The effects of Clozapine on total body composition in patients with Schizophrenia conducted at a London Hospital as a poster presentation at the 2014 Royal College of Psychiatrists International Congress.
- 2013 - Assessment Manual for the West Essex Neurocognitive Clinic, North Essex Partnership University NHS Foundation Trust.
- 2009 - A Personal Experience in Management published in the Royal College of Psychiatrists Management Special Interest Group (MSIG) newsletter (3rd edition).
- 2006 - Improving Services for people with Learning Disabilities and Mental Health Problems: Dissemination of Clinical Audit Projects published in the ESTIA Centre for Learning Disabilities working papers at Guy's Hospital, London.

## TEACHING EXPERIENCE

- Consultant teaching of fifth year medical students from Imperial College attached to my team during their clinical placements throughout the year.
- Examiner in Psychiatry for the Year 5 medical students at Imperial College, London Practical Assessment of Clinical Examination Skills (PACES).
- Weekly teaching and supervision sessions of core psychiatric and GP trainees.
- A&E Foundation Year trainees teaching on emergency psychiatric assessments and the management of common Liaison cases.
- Fifth year undergraduate medical students at University College Hospital, London (UCL) in Liaison Psychiatry.
- The Charing Cross and St. Mary's MRCPsych Clinical Assessment of Skills and Competencies (CASC) trainees' course.

## REFEREES

Clinical and medicolegal references are available on request.

