



GMC No. 6029510

SPECIALISMS

ADHD (Diagnosis)
ADHD
Addiction
Anxiety
Bereavement
Bipolar
Capacity
Cultural Diversity
Depression
Domestic Violence
Drug/Alcohol/Substance Misuse
Mood Disorder
Non-Accidental Injury
OCD
Perinatal
Personality Disorders
Postnatal Depression
Psychosis
Psychosomatic
PTSD
Risk
Schizophrenia
Self-Harm
Trauma
Victims of Torture
Suicidal Ideation

CASE TYPES

ADHD
Capacity Certificates
Clinical Negligence
Coroner's Reports
Educational
Employment Tribunal
Family
Fitness to Plead
Housing
Immigration & Asylum
Litigation Capacity
Mental Health Tribunal
Occupational Health
Personal Injury
Risk Assessment
Road Traffic Accident
Second Opinion
Testamentary Capacity

MEDICO-LEGAL EXPERIENCE

I have prepared psychiatric reports and given evidence to the First Tier Mental Health Tribunals. I am experienced in preparing psychiatric reports for the Coroner and the Court on fitness to plead and testamentary capacity. I have also produced psychiatric reports for Occupational Health, DVLA and personal injury cases.

I am approved under Section 12(2) of the Mental Health Act as having specific expertise in the diagnosis and treatment of mental disorders since 2005. I am an Approved Clinician under the Mental Health Act since 2010 and have extensive experience as Responsible Clinician for patients detained under the Mental Health Act. I have Chaired the Mental Health Act committee for an NHS Foundation Trust, tasked with overseeing the implementation of the Mental Health Act.

As External Advisor to the Parliamentary Health Services Ombudsman, I have provided specialist clinical advice to the Ombudsman to assist in their statutory duty to conduct investigations.

RELEVANT TRAINING

Mar 2015 Excellence in writing Court reports, *Bond Solon*
Apr 2022 Working as an Expert Witness, *Royal College of Psychiatrists*

EDUCATION AND QUALIFICATIONS

1995—2001 MBBS
Vijaynagar Institute of Medical Sciences, India

Jun 2005 MRCPsych
Royal College of Psychiatrists, London

Dec 2010 Certificate of completion of training (CCT), General Adult Psychiatry and Substance Misuse
East of England Deanery, Cambridge

Oct 2016 FRCPsych
Royal College of Psychiatrist (RCPsych), London

Feb 2017 MSc (Healthcare Leadership)
University of Birmingham

Apr 2017 Elizabeth Garrett Anderson Award for Senior Healthcare Leadership
NHS Leadership Academy, Leeds





CURRENT EMPLOYMENT

Sep 2010—Ongoing Consultant Psychiatrist, at an NHS Foundation Trust

Jan 2010—Ongoing Non-Executive Director (Clinical Lead), Recovery Focus

SIGNIFICANT ROLES

Clinical Lead, Community Mental Health Transformation Programme, Norfolk and Suffolk NHS Foundation Trust

Guardian of Safe Working, Norfolk and Suffolk NHS Foundation Trust

Finance Officer and Executive Committee member—RCPsych, Eastern Division

Trust Lead for College Engagement Network, RCPsych

Previous:

Deputy Medical Director, Norfolk and Suffolk NHS Foundation Trust (2016—2021)

Consultant, Doctor Care Anywhere Limited (2021—2023)

External Clinical Advisor to Parliamentary Health Service Ombudsman (2020—2023)

Finance Officer (2021—2022) and Executive Committee member (2020—2022) of Digital Special Interest Group—RCPsych

Advisor to Quality Network—CRHTT at the College Centre for Quality Improvement (2020—2023)

College Tutor, Norfolk and Suffolk NHS Foundation Trust (2013—2016)

EMPLOYMENT HISTORY

Dec 2010—Sep 2010 Specialty Registrar, Higher Specialist Psychiatry Training scheme, East of England Deanery, Cambridge

Nov 2005—Dec 2007 Staff Grade Psychiatrist, Central and North West London NHS Foundation Trust

Aug 2002—Aug 2005 Senior House Officer, St. Mary's Psychiatry Training Scheme, London

CLINICAL EXPERIENCE

Sep 2010—Ongoing Consultant Psychiatrist, Norfolk and Suffolk NHS Foundation Trust

- I have been a Consultant Psychiatrist since 2010 and have provided Consultant leadership to the Primary Care Mental Health Teams (2010—2013) and Community Mental Health Teams (2013—2022). Since 2022, I am a Consultant Psychiatrist with the Perinatal Community Mental Health Team.
- I am experienced in the assessment and management of a range of mental disorders including affective disorders, anxiety disorders, psychotic disorders, neurodevelopmental disorders and substance misuse in working age adults.



CLINICAL EXPERIENCE CONTD.

- I am experienced in assessment and management of perinatal mental disorders and their impact on maternal bonding.

LEADERSHIP AND MANAGEMENT EXPERIENCE

Jan 2020—Ongoing Non-Executive Director (Clinical Lead), Recovery Focus

- Gained Board level experience of developing organisational strategy for improving clinical quality and staff engagement.
- Developed understanding of VCSE sector and joint commissioning between NHS and third sector providers to deliver sustainable services.
- Chair, Quality and Performance Committee.

Jan 2016—Apr 2021 Deputy Medical Director, Norfolk and Suffolk NHS Foundation Trust

- Responsible for providing medical leadership and support to psychiatrists.
- Supporting Clinical Leads in developing a clinical strategy to deliver high quality care.
- Responsibility for revalidation, appraisals and performance management of doctors. Advising the organisation to ensure that the doctors follow the GMC's Good medical Practice and are "fit to practice".
- Developed understanding of "Maintaining High Professional Standards" framework and experienced in conducting professional investigations.
- Extensive experience of chairing Appointment Advisory Committees for Consultant appointments, job planning, appraisals and performance management of doctors.
- Chaired the Clinical and Ethical Advisory Group offering expert clinical and professional advice to support decision making during the COVID-19 pandemic.
- Represented the Trust at Joint strategic review with the Commissioners to review Secondary care Mental Health service provision. The group presented evidence to the commissioners on the effectiveness of their investments and was integral to the development of the contract between the CCG's and the Trust.
- Contributed to the community services re-design by continuous clinical engagement and supporting operational management. The reorganisation significantly reduced waiting lists and improved staff morale, as evidence by staff survey and CQC report.
- Led the successful implementation of electronic job plan software for medical job plans across the Trust.
- Led two National Clinical Audit projects for the Trust, delivering improved outcomes.
- Led the revision of Trust's Medical Appraisal policy to ensure they were in line with national guidance.
- Chaired the Trust's External Placement jointly run with the CCG's to ensure that the specialist placements were clinically appropriate and cost effective.
- Evaluated the Mortality Assurance Review by Mazar's on the Trust process for reporting and investigating deaths and presented it to the Board of Directors.
- My contribution to leadership and management received recognition when I was nominated and shortlisted for the "Inspirational leader of the year" award at our Trust's awards (2016).





Other experience:

- Set up and Chaired the Physical Health Strategy Group for the Trust to develop and implement a strategy to improve physical health screening and address premature mortality in people with mental illness.
- Led my team to runners up award in “Success in partnership working” at annual Trust’s awards.
- Medical Lead for CQUIN targets.

ACADEMIC EXPERIENCE

- Recognised trainer on the General Medical Council register.
- Extensive experience of supervising doctors and delivering teaching to a range of medical and multi-disciplinary professionals in small and large group settings.
- Extensive experience of selection, assessment and appraisal process for undergraduate, postgraduate and non-training grade doctors.
- Trained in coaching and mentoring and experienced in mentoring Senior trainees and newly appointed Consultants.
- Examiner for CASC examinations at RCPsych and OSCE at Norwich Medical School.
- Led the Trust’s participation in RCPsych’s Leadership and Management Fellow scheme and mentor the Leadership Fellows.
- Chair of Mentor Network, RCPsych’s Leadership and Management Fellow scheme.
- Contributed to the development of Leadership programme for newly appointed Consultants at the Trust.
- Invited as guest speaker by Health Services Journal to address the Emerging Leaders summit (2018) at Oxfordshire.
- College Tutor, Norfolk and Suffolk NHS Foundation Trust (Jul 2013—Mar 2016)
 - Responsible for organizing and delivering postgraduate medical education for core and specialty trainees, monitoring progress of trainees through the training scheme and managing trainees in difficulty. Contributed to the sustained improvement in training placements and received formal acknowledgement from Health Education East of England during School of Psychiatry visits.
 - Trust Lead for delivering and quality assuring foundation placements. Developed the Foundation Training programme at the Trust in collaboration with Foundation Year Faculty at Norfolk and Norwich University Hospital. Under my leadership, the annual GMC feedback from Foundation trainees was one of the best among all specialties across East of England.

PUBLICATIONS

- **‘Perception and influence of medical leadership’.** Masters dissertation, awarded distinction by University of Birmingham (2017)

