



## SPECIALISMS

Anxiety  
Bereavement  
Capacity  
Chronic Pain  
Cognitive Behavioural Therapy  
Depression  
Domestic Violence  
Drug/Alcohol/Substance Misuse  
Learning Difficulties  
Learning Disabilities  
Mood Disorder  
Neglect  
OCD  
Pain Management  
Personality Disorders  
PTSD  
Schizophrenia  
Self-harm  
Sexual Abuse Victims  
Suicidal Ideation  
Trauma  
Victims of Torture

## CASE TYPES

Capacity Certificates  
Clinical Negligence  
Cognitive  
Disability Discrimination  
Employment Tribunal  
Family  
Historic Sexual Abuse  
Housing  
Immigration & Asylum  
Litigation Capacity  
Mental Health Tribunal  
Occupational Health  
Personal Injury  
Road Traffic Accident

## SUMMARY

I am an independent Chartered Clinical Psychologist with over 10 years qualified experience working with adults presenting with mild, moderate, and severe mental health problems. I have significant experience of completing Psychology reports for Family and Civil court purposes, which I have done for over 10 years.

Reports include Personal injury, Medical Negligence, Housing disrepair, Immigration and Asylum, Employment Law, and providing treatment recommendations.

Reports include assessing personality functioning, risk, mental health, issues of domestic violence, trauma, substance misuse, self-harm, cognitive functioning, capacity, and impact upon parenting and also providing treatment recommendations.

Assessed and treated clients in Primary and Secondary care mental health services drawing upon Cognitive-behavioural and Schema therapy approaches. Professional registration with the HCPC (Health Care Professions Council) and BPS (British Psychological Society).

## EDUCATION

**Sep 2006—Sep 2009** University of Birmingham, UK  
Doctorate in Clinical Psychology

Relevant training received in the following areas:

- Research methodologies.
- Assessment and Formulation skills.
- Interventions in systemic, cognitive, and analytic therapy approaches.
- Working with clients across the lifespan.
- Leadership and management.

**Sep 1998—Jul 2001** University of Coventry, UK  
BSc Psychologist 2:1 Honours

## WORK EXPERIENCE

**Aug 2015—Current** **Independent Clinical Psychologist**

Providing expert psychology reports for Civil and Family court purposes. Reports include mental health assessments, personal injury, medical negligence, intellectual functioning, and capacity to undergo legal proceedings. Significant experience of assessing personality functioning, risk, issues of domestic violence, trauma, substance misuse, self-harm, and providing treatment recommendations. Assessment and therapy services for adolescents and adults.





## WORK EXPERIENCE CONTD.

May 2013—Aug 2015      **Principal Clinical Psychologist: Dudley and Walsall Mental Health Trust**

Assessed and treated patients in an in-patient and community recovery service. I worked with clients who presented with severe and enduring mental health difficulties often detained under the Mental Health Act with significant Forensic and Risk histories.

Apr 2012—Apr 2013      **Senior Clinical Psychologist: Birmingham Healthy Minds (NHS trust)**

Working within a Primary Care Service. Working with clients with mild to moderate mental health conditions applying CBT. Supervising Step 3 practitioners and doctoral trainee clinical psychologists. Conducting service related projects.

Apr 2011—Apr 2012      **Specialist Clinical psychologist: Birmingham Secondary Care Services (NHS trust)**

Working within a Secondary Care Service. Working with clients with severe and enduring mental health problems. Supervising community psychiatric nurses and social workers. Project and consultancy work.

Nov 2009—Mar 2011      **Specialist Clinical psychologist: Wolverhampton Secondary Care Services (NHS)**

Working within a Secondary Care Service. Working with clients with severe and enduring mental health problems. Supervising community psychiatric nurses and social workers. Project and consultancy work.

Nov 2004—Aug 2006      **Assistant Clinical Psychologist: Heartlands and Solihull NHS Trust**

Oct 2003—Oct 2004      **Assistant Clinical Psychologist: Worcestershire Mental Health Trust**

Sep 2002—Sep 2003      **Social therapist/Research assistant: Birmingham Mental Health Trust**

Aug 2001—Aug 2002      **Assistant Clinical Psychologist: Autism Care UK**

## TRAINING

- EMDR Practitioner Level 1, 2, and 3
- Schema therapy trained
- Mindfulness training: University of Birmingham
- Primary and Secondary certificates in REBT: University of Birmingham
- BPS certificate in Clinical Supervision
- Motivational interviewing
- Solution Focused therapy
- Bond Solon Civil Expert Witness Training
- Mediation training

