



SPECIALISMS

Brain Injury
Capacity
Dementia
Depression
Eating Disorder
Perinatal
Personality Disorders
Psychosis
Psychosomatic
Risk
Self Harm
Suicidal Ideation

CASE TYPES

Capacity Certificates
Clinical Negligence
Cognitive
Coroner's Reports
Litigation Capacity
Neuropsychiatric
Second Opinion
Testamentary Capacity

EDUCATION AND QUALIFICATIONS

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| 2023 | Bond Solon Expert Witness Certificate |
| 2020 | LLM (medical law) with distinction (Northumbria University)
Dissertation title: <i>Mind the Gap. A critical analysis of mental health and capacity law in the general hospital setting</i> |
| 2013 | Certificate of Completion of Training: General adult and liaison psychiatry |
| 2013 | Approved Clinician Status |
| 2009 | MRCPsych |
| 2004 | MBBS (London) |

CURRENT ROLE

My current post is as consultant psychiatrist and clinical lead for a liaison psychiatry service in a busy general hospital. Our multidisciplinary team sees inpatients on medical, surgical and maternity wards as well as those attending the Emergency Department. We also consult to a regional neurorehabilitation service. The clinical work is broad, and includes psychiatric emergencies (acute psychosis, suicide risk management), neuropsychiatry, eating disorders, old age psychiatry and diagnostic memory assessments, and perinatal psychiatry. I have experience with a large number of very complex cases requiring decisions under the MCA including those involving acquired brain injury, artificial feeding, electroconvulsive therapy and refusal of serious medical treatment. I am Responsible Clinician (RC) under the MHA for patients detained to the acute hospital. I am clinical supervisor for psychiatric trainees.

TEACHING AND SPEAKING

I regularly teach psychiatric trainees and medical undergraduates in the form of lectures, webinars, practical sessions and small-group seminars. I am honorary clinical senior lecturer in recognition of my contribution to teaching. I teach a wide variety of non-psychiatric professionals including physicians, emergency department staff, nurses, and physiotherapists. I have a particular interest in mental capacity law and emergency medicine and work with a number of emergency medicine colleagues to deliver lectures and simulation training. I am often invited to speak to paramedics and air ambulance clinicians. I teach on mental health and capacity law as part of the MSc in Critical Care and the MSc in Pre-Hospital Care at Queen Mary, University of London. I speak widely on the subject of mental capacity, suicide and mental health service culture and have worked with a number of external organisations to train non-mental-health professionals. My skills in speaking and public engagement result in frequent invitations to speak at conferences and other CPD events; I give at least 25 invited talks regionally, nationally or internationally every year as well as speaking to lay audiences.





LAW AND POLICY

I speak and write about mental capacity on a regular basis, including at the International Congress of the Royal College of Psychiatrists and the Mental Capacity Law and Policy webinar series. I am involved in the RCPsych response to the Draft Mental Health and Mental Capacity Act consultation. In November 2022 I was invited to give oral evidence to the Select Committee on the Draft Mental Health Bill and was consulted by the Homelessness, Mental Health & Policing Team of the Home Office. I have been invited to present to the government advisory group on suicide prevention. I am recognised as an authority on mental capacity in suicidal patients and the misinterpretation of law in this context. I have spoken about this in conferences at national and international level and first-authored what is currently the only clinical journal publication on the phenomenon of mental capacity being used as justification for inaction when people are in suicidal crisis. My evidence was used by the Select Committee to make specific recommendations to the government about this practice.

ADDITIONAL ROLES AND ACTIVITIES

2022—present	RCPsych cross-faculty working group to improve recognition and management of patients with disordered eating in acute medical settings (chair)
2022—present	RCPsych Eating Disorder Faculty Executive Committee (co-opted member)
2021—present	RCPsych Liaison Faculty Executive Committee (elected member)
2020—present	RCPsych Effect of Patient Suicide & Homicide on Clinicians Working Group (member)
2020—present	RCPsych Patient Safety Working Group (member)
2016—present	Advisor to The Listening Place (suicide prevention charity)

SELECTED PUBLICATIONS

Mental capacity in practice part 1: how do we really assess capacity?

Beale C, Lee-Davey J, Lee T, Ruck Keene A.

BJPsych Advances, February 2023, 1-9. doi:10.1192/bja.2022.81

Mental capacity in practice part 2: capacity and the suicidal patient

Beale C, Lee-Davey J, Lee T, Ruck Keene A.

BJPsych Advances, February 2023, 1-10. doi:10.1192/bja.2022.82

Magical thinking and moral injury: Exclusion culture in psychiatry

Beale C.

BJPsych Bulletin, September 2021, 1-4. doi:10.1192/bjb.2021.86

Intramuscular levothyroxine: a solution to a mental health related thyroid crisis

Laycock K, Beale C, Peters C, Anderson J.

BMJ Case Rep 2019; 12:e228147. doi:10.1136/bcr-2018-228147





SELECTED PUBLICATIONS Contd.

Screening medical patients for distress and depression: does measurement in the clinic prior to the consultation overestimate distress measured at home?

Holm Hansen C, Walker J, Thekkumparath P, Kleiboer A, Beale C, Sawhney A, Murray G, Sharpe M.
Psychological Medicine, October 2013, 43 (10): 2121-2128

'The Patient is Medically Cleared'

Beale C, Turner T.
British Journal of Hospital Medicine, September 2013, 74(9): 492-496

Prevalence of depression in adults with cancer: a systematic review

Walker J, Holm Hansen C, Martin P, Sawhney A, Thekkumparath P, Beale C, Symeonides S, Wall L, Murray G, Sharpe M.
Annals of Oncology, April 2013, 24 (4): 895-900

