



GMC No: 6139989

Section 12 2007 Mental Health Act Approved

SPECIALISMS

ADHD (Diagnosis)
Autism Spectrum Disorder (including Asperger's syndrome)
Anxiety
Bipolar
Psychiatric manifestations of brain injury
Capacity
Cultural Diversity
Dementia
Depression
OCD
Old Age
PTSD
Schizophrenia
Stroke
Suicidal Ideation
Victims of Torture

CASE TYPES

ADHD
ASD
Capacity Certificates
Cognitive
Coroner's Reports
Fitness to Plead
Immigration & Asylum
Litigation Capacity
Neuropsychiatric
Second Opinion
Testamentary Capacity

MEDICO-LEGAL

I am an approved section 12 (2) doctor and an Approved Clinician. I have been practising as a consultant psychiatrist and expert witness for more than five years.

I have written medico-legal reports to the Court of Protection and First-tier Tribunal (Immigration and Asylum) and completed training on medico-legal aspects of practice.

My main interests are in the mental health of older people (particularly around cognitive disorders and capacity issues) and forced migrants (asylum seekers and refugees), and those with neurodevelopmental disorders (ADHD and autism assessment in adults).

Areas of Expertise

Assessment of Adults (16-64 years of age) and older people (above 65 years of age)

- Dementia and other cognitive disorders
- Mental Health Act Assessments (Section 12)
- Mental Capacity Act assessments.
- Deprivation of Liberty Safeguards (DoLS) mental health assessments.
- Schizophrenia and other psychotic disorders
- Post-traumatic stress disorder
- Mood (affective) disorders, including bipolar disorder and depressive disorders
- Neurodevelopmental disorders, such as Attention Deficit Hyperactivity Disorder (ADHD) and Autism Spectrum Disorder (ASD) in adults.
- Mental disorders in forced migrants (including refugees and asylum seekers)

REPORTS

I have prepared reports for the Court of Protection and First-tier tribunals (Immigration and Asylum). These reports have covered the following areas:

- Testamentary Capacity
- Mental Capacity Assessment Forms (COP3)
- Detailed psychiatric reports for the Court of Protection under section 49 of the Mental Capacity Act. These reports assessed the patient's capacity to make complex decisions regarding their care and treatment.
- Fitness to plead and stand trial.
- Mental disorders in asylum seekers and other forced migrants, particularly those with severe mental disorder, such as complex PTSD.





PROFESSIONAL QUALIFICATIONS & EXPERTISE

Professional Roles

- Lead Psychiatrist for the Asylum Seekers and Refugees Clinic-Norfolk and Suffolk NHS Foundation Trust since April 2022: I set up and run a specialist clinic for asylum seekers and refugees in Norfolk. I started these clinics voluntarily in 2018 but stopped during the COVID-19 pandemic (from 2020-2022). In 2022, these clinics were formally set up as part of the Advancing Mental Health Equalities (AMHE) Collaborative of the Royal College of Psychiatrists. For more information on these clinics, please visit our webpage: <https://www.nsft.nhs.uk/community-services/service/asylum-seekers-and-refugees-clinic-at-the-rest-hub-150/>
- Consultant in General Adult and Old Age Psychiatry (Older People Community Team. Norfolk and Suffolk NHS Foundation Trust, Norwich. UK) since June 2017. I lead a team of four Community Mental Health Nurses, two memory assessors, one memory treatment nurse and three junior doctors covering GP surgeries in the south part of Norwich city. I provide medical input to the care of older patients (those aged 70 years and above) with dementia and mental health problems and also younger patients with early-onset dementia.
- Honorary Senior Lecturer and Fellow of the Higher Education Academy (Norwich Medical School, University of East Anglia, Norwich, UK) since August 2017. I provide input into medical students' training and am also involved in the interview process for MBBS candidates. I am also a clinical and educational supervisor to junior doctors (GP trainees and Core Psychiatry Trainees).
- I also have other educational and training roles, including an Examiner to the Royal College of Psychiatrists Clinical Assessment of Skill and Applied Knowledge (CASC), an Appraiser in Norfolk and Suffolk NHS Foundation Trust, Interview Panel Member for the UK Higher Training Scheme in Psychiatry.

Qualifications

- 2017: CCT in General and Old Age Psychiatry.
- 2017: Postgraduate Diploma in Clinical Education (PgCert Dip Clin Edu)
- 2016: Fellow of the Higher Education Academy (FHEA)
- 2013: Membership of the Royal College of Psychiatrists (MRCPsych).
- 2002: MBChB, College of Medicine, Baghdad University. Iraq

Professional Memberships

- On the specialist register of the General Medical Council membership number: 6139989.
- Member of Royal College of Psychiatrists: membership number: 869948.

Yasir Hameed's profile on the University of East Anglia's portal:

<https://research-portal.uea.ac.uk/en/persons/yasir-hameed>





COURSES

- ◆ Basic Training Day on mental health of asylum seekers and impact of detention organised by Medical Justice on 2 November 2022.
- ◆ Mental Health of Asylum Seekers 2022 Study Day by the Royal College of Psychiatrists. Professional Update on Mental Health and Forced Migration. 7 November 2022.
- ◆ Masterclass: Contemporary Medico-Legal Issues in Modern Healthcare by Prof Rob Heywood. 6 hours of training organised by dedici on 28 March 2022.
- ◆ National Training Day on the mental health of Asylum Seekers and Refugees organised by the Royal College of Psychiatrists. 7 October 2022.
- ◆ Bond Solon courses:
 - Cross-Examination Day on 16/09/2020
 - Courtroom Skills Training on 08/09/2020
 - Excellence in Report Writing on 17/09/2018

I also completed the Royal College of Psychiatrists' Deprivation of Liberty Safeguards (DoLS) online training and annual refresher courses on the Mental Capacity Act and Dols since then (the last training was on 8 November 2021).

I am a Mental Health Assessor for DoLS assessments with Norfolk County Council.

RESEARCH & PUBLICATIONS

Research

- My main research interests and publications are around the epidemiology of mental disorders and clinical education. Please see the list of publications for more information.

Publications

- Ban K-Y, Osborn DPJ, Hameed Y, Pandey S, Perez J, Jones PB, et al. (2020) Personality disorder in an Early Intervention Psychosis cohort: Findings from the Social Epidemiology of Psychoses in East Anglia (SEPEA) study. **Plos ONE** 15(6): e0234047.
- Hameed, Y; Al Tair, H; O'Leary, D; Kaynge, L. Can Online Distance Learning improve access to learning in conflict zones? The Oxford Psychiatry in Iraq (OxPIQ) Experience. **British Journal of Medical Practitioners** 2018;11(2):a1114.
- I co-authored a chapter on the mental health of older forced migrants in the second edition of the Seminars in Old Age Psychiatry, edited by Rob Butler & Cornelius Katona and published by Cambridge University Press. This edition contained concise and up-to-date information on the mental health of older people from forced migration backgrounds.

<https://www.cambridge.org/core/books/seminars-in-old-age-psychiatry/334EC4EC13C612187D105F7AE8B8E9#fndtn-information>



- I co-authored an online module on managing Autism Spectrum Disorder in Adults (Autism spectrum disorders in adults: a brief introduction). The Royal College of Psychiatrists published the module through their CPD website. The second author was Dr Jaap Hamelijnc (Consultant Psychiatrist, Norfolk and Suffolk NHS Foundation Trust).
https://elearninghub.rcpsych.ac.uk/product?catalog=032_CORE_LM_ASD_Adult_2021
- Solmi, F., Mohammadi, A., Perez, J. A., Hameed, Y., Jones, P. B., & Kirkbride, J. B. (2018.). Predictors of disengagement from Early Intervention in Psychosis services. **British Journal of Psychiatry**, 213(2), 477–483.
- Hameed, Y; Wesby, R; Wagle, R; Agius, S; Hillam, J; Tarbuck, A (2017) Improving Medical Student Placements in Psychiatry: Review of literature and a practical example. **British Journal of Medical Practitioners** 10(1):a1008.
- Richardson, L; Hameed, Y; Perez, J; Jones, P; Kirkbride, JB (2018) Association of Environment With the Risk of Developing Psychotic Disorders in Rural Populations: Findings from the Social Epidemiology of Psychoses in East Anglia Study. **JAMA Psychiatry** (1):75.
- Kirkbride, JB; Hameed, Y; Ioannidis, K; Ankireddypalli, G; Crane, CM; Nasir, M; Kabacs, N; Metastasio, A; Jenkins, O; Espandian, A; Spryidi, S; Ralevic, D; Siddabattuni, S; Walden, B; Adeoye, A; Perez, J; Jones, P B (2017) Ethnic Minority Status, Age-at-Immigration and Psychosis Risk in Rural Environments: Evidence From the SEPEA Study. **Schizophrenia Bulletin** (6), 1251.
- Hameed, Y; DeWaal, H; Bosier, E; Miller, J; Still, J; Collins, D; Bennet, T; Haroulis, C; Hamelijnc, J; Gill, N (2016) Using mentoring to improve the foundation placement in psychiatry: Review of literature and a practical example. **British Journal of Medical Practitioners** 9(4):a932
- Wagle, A; Hameed, Y; Bosier, E (2016) The Necessary Evil: Balancing the Risks and Benefits of Fluvoxamine in a Patient with Treatment Refractory Depression on Warfarin. A Case Report. **British Journal of Medical Professionals** 9(4):a934
- Kirkbride, JB; Hameed, Y; Wright, L; Russell, K; Knight, C; Perez, J; Jones, PB (2017). Waiting time variation in Early Intervention Psychosis services: longitudinal evidence from the SEPEA naturalistic cohort study. **Social Psychiatry And Psychiatric Epidemiology** 52(5), 563–574
- Kirkbride, JB; Hameed, Y; Ankireddypalli, G; Ioannidis, K; Crane, CM; Nasir, M; Kabacs, N; Metastasio, A; Jenkins, O; Espandian, A; Spryidi, S; Ralevic, D; Siddabattuni, S; Walden, B; Adeoye, A; Perez, J; Jones, P B (2016) The epidemiology of first-episode psychosis in early intervention in psychosis services: Findings from the social epidemiology of psychoses in East Anglia [SEPEA] study. **The American Journal of Psychiatry** 174(2), 143–153.
- I co-authored a chapter in Brocklehurst’s Textbook of Geriatric Medicine and Gerontology (8th edition, 2016). I reviewed and updated the sections on alcohol misuse and somatoform disorders in the chapter on psychiatric disorders in the elderly.



- Kirkbride, JB; Hindocha, C; Hameed, Y; Perez, J; Jones, PB (2016) Do Do Symptom Dimensions Vary between Ethnic Groups at First Presentation to Early Intervention in Psychosis Services? Evidence from the SEPEA Study. **Early Intervention In Psychiatry** 10, 16.
- I co-authored an online module on the history of psychiatry for the Royal College of Psychiatrists website (Trainees Online). The second author of this module was Dr Andrew Tarbuck, Consultant Old Age Psychiatrist in Norfolk and Suffolk NHS Foundation Trust. The module was reviewed by Dr Alison Haggett and Dr Claire Hilton.

[https://elearninghub.rcpsych.ac.uk/product?catalog=41 TRON Brf int hist psych](https://elearninghub.rcpsych.ac.uk/product?catalog=41%20TRON%20Brf%20int%20hist%20psych)

- Smith, TO; Hameed, Y; Cross, JL; Henderson, C; Sahota, O; Fox, C (2015) Enhanced rehabilitation and care models for adults with dementia following hip fracture surgery. **Cochrane Database of Systematic Reviews**. Issue 6. Art. No.: CD010569.
- Hameed, Y; Hamelijncx, J (2014) Lamotrigine-induced hallucination in a patient with bipolar disorder and no history of epilepsy or psychosis: A case report and literature review. **British Journal Of Medical Practitioners**. 7(2):a714.
- Kidd, AC; Musonda, P; Soiza, RL; Butchart, C; Lunt, CJ; Pa, Y; Hameed, Y; Fox, C; Potter, JF; Myint, PK (2014). The relationship between total anticholinergic burden (ACB) and early inpatient hospital mortality and length of stay in the oldest old aged 90 years and over admitted with an acute illness. **Archives of Gerontology and Geriatrics** 59:155-161.
- Smith, TO; Hameed, Y; Cross, JL; Henderson, C; Sahota, O; Fox, C (2013) Effectiveness of post-operative management strategies for adults with dementia following hip fracture surgery. **Cochrane Database of Systematic Reviews**. Issue 6. Art. No.: CD010569.
- Smith, TO; Hameed, Y; Cross, J; Sahota, O; Fox, C (2013). Assessment of people following hip fracture with cognitive impairment: a systematic review and meta-analysis. **Archive of Gerontology and Geriatrics** 57(2):117-126.
- Hameed, Y; Everard, M; Beezhold, J (2011). Anaemia in elderly inpatients in a psychiatric hospital is a serious problem or an innocent finding. **European Psychiatry**. 26 (1). 862.

<http://www.sciencedirect.com/science/article/pii/S0924933811725676>

OTHER NON-RESEARCH PUBLICATIONS IN INTERNATIONAL MEDICAL JOURNALS

- Hameed Y (2007). The dilemma of clinical attachment. **British Medical Journal (BMJ)** 2007; 334.
- Hameed Y (2009). Universal truths. **Canadian Medical Association Journal CMAJ**. 180:5.
- Hameed Y (2009). A doctor and a grenade. **Canadian Medical Association Journal CMAJ**. 181:3-4.





POSTER PRESENTATIONS

- **Mental health of forced migrants: development of the first consultant-led clinic for forced migrants in Norwich.** Hameed Y. Presented at the Royal College of Psychiatrists International Congress, held in London in July 2019.
- **The Oxford-Iraq Connection: Virtual Case-Based Discussions for Psychiatric Trainees Using Online Learning (OxPIQ Partnership).** Hameed, Y; Al Taiar, H; O'Leary, D; Kynge, L (2017). Presented at the Ninth Oxford Colloquium on Medical Education (Education: Benefit or Burden?). Organised by the Oxford University Medical Education Fellows on 26 September 2017 in Corpus Christi College, Oxford.
- **Fluvoxamine in treatment-refractory depression in an older patient on warfarin: the necessary evil?** Hameed, Y; Wagle, A; Bosier, E.

Presented at the 19th national conference on dementia (Dementias 2017): Recent developments in research, clinical care and service & policy issues in the dementias.

Programme Advisors: Professor Tom Arie and Professor Alistair Burns. Held at the Royal College of General Practitioners, London, on 9th & 10th February 2017.
- **Building The Foundations for Better Placement in Psychiatry: The Norfolk Experience.** Bennet T, Brown S, Hameed Y. I co-authored a poster on the mentoring scheme for foundation doctors in psychiatry.

The poster was presented at the Eastern Division of the Royal College of Psychiatrists' Spring conference at Wellcome Genome Centre, Cambridge, on 12 May 2016.

TRAINING EXPERIENCE

- I regularly participated in local Postgraduate Medical education talks (weekly online events in Norfolk) and gave talks on various clinical topics, such as the mental health of asylum seekers and refugees and cultural aspects of psychiatric practice.
- I presented a talk on the mental health of asylum seekers and refugees for the University of East Anglia's Refugee Week in March 2022.
- I gave a one-hour online talk on cultural aspects of psychiatric practice to Devon Partnership psychiatrists in May 2021.
- I also presented two online training sessions (each session was for 90 minutes) for Doctors of the World UK, one on risk assessment in October 2021 and one on psychosis in November 2022.
- I participated as a speaker for three consecutive years in the 20th, 19th, and 18th National Conferences on Dementia (Dementias 2018, Dementias 2017 and Dementias 2016) organised by MA Healthcare and chaired by Prof Alistair Burns and Prof Tom Arie. My talks were (three cases from Old Age Psychiatry in Norfolk, 2018), (From Baghdad to Norfolk: A journey in the life of a refugee doctor, 2017) and co-presented three cases with acute cognitive impairment without delirium with Dr Andrew Tarbuck (Consultant Old Age Psychiatrist) in 2016.



- I presented a talk on the role of medication in dementia in a public event Organised by the University of East Anglia and Alzheimer's Research UK on 14 June 2017.

Other speakers in this event included Professor John O'Brien from Cambridge and Mr Robin Brisbane (Communications Manager – Science Media and Engagement- Alzheimer's Research UK).

SOCIAL MEDIA

- I have an educational YouTube channel publishing videos on mental health issues in Arabic
<https://www.youtube.com/c/YasirHameedPsychiatry>

Appendix

CHRONOLOGICAL WORK HISTORY

Older People Community Team. Julian Hospital. Norwich. May 2021 -present	Consultant Psychiatrist. The post covers Norwich city (south neighbourhood surgeries).
Older People Community Mental Health Team. Gateway House. Wymondham. Aug 2018-May 2021	Consultant Psychiatrist. The post covers the South Norfolk community team. I led a team of nurses covering South Norfolk (Watton, Dereham and Shipdham), offering management of psychiatric disorders and dementia in people above the age of 75 and younger people with cognitive disorders.
Dementia and Complexity in Later Life (DCLL) Service. June 2017 - Aug 2018	Acting Consultant Psychiatrist. The post covers the South Norfolk community team and Sandringham Ward, Julian Hospital, Norwich.
Julian Hospital, Norwich. Aug 2016 - May 2017	Specialist Registrar (ST7) in Old Age Psychiatry (Inpatient post). I gained experience managing mental disorders in both a functional (mental health disorders) ward and an organic (dementia) ward.
Glaven Ward. Hellesdon Hospital, Norwich. Aug 2015 - July 2016	Specialist Registrar (ST6) in Acute Inpatient Psychiatry. I gained invaluable experience managing acute mental disorders and risk assessment in a psychiatric inpatient setting.
Julian Hospital, Norwich. Aug 2014 - Aug 2015	Specialist Registrar (ST5) in Old Age Psychiatry. Dementia and Complexity in Later Life (DCLL) Team. I gained experience in managing mental disorders in older people's inpatient settings.
Eastern Recovery Team. Great Yarmouth, Norfolk. Aug 2013 - Aug 2014	Specialist Registrar (ST4) in General Adult Psychiatry. This was a post in the community mental health team in a deprived area in Norfolk. I gained experience in the management of various mental health problems in adults. I also led the clinic for ADHD and Autism assessments for adults during my placement with Dr Jacobus Hamelijnc.



<p>Norfolk and Suffolk NHS Foundation Trust, Norfolk. Aug 2010 - July 2013</p>	<p>Core Psychiatry Trainee (CT1-3). I rotated through 6 months of placements in various subspecialties, including Old Age, General Adults, Learning Disability and Drugs and Alcohol Services.</p>
<p>Royal Preston Hospital, Lancashire Teaching Hospitals NHS Trust. Oct 2009 - Aug 2010</p>	<p>Trust Doctor. I worked in a non-training medical job in Ear Nose and Throat Department. This was my first post in the NHS. It was a very difficult and challenging post due to the huge transition from working in a developing country to the UK. However, I gained very good experience working in this subspecialty, and I was involved in training other junior doctors and conducting audits.</p>
<p>Al Karama Hospital. Taiz, Yemen. Jan 2007 - Oct 2009</p>	<p>General Physician. Al-Karama hospital was a small hospital on the outskirts of Taiz city in one of the most deprived areas of that rural area. The hospital had outpatient clinics (medical, surgical, gynaecology, and obstetrics). This post was very similar to a General Practitioner or Family Physician role. I was responsible for running an outpatient medical clinic, seeing patients from all age groups and with various medical conditions. I also provided cover to the A&E unit (a small eight beds unit in the same hospital). As a result, I gained invaluable experience managing various medical disorders, such as acute disorders (delirium, infections) and chronic conditions (such as diabetes, hypertension and other chronic disorders). I was also interested in managing mental health disorders in patients with psychosomatic symptoms.</p>
<p>Oct 2005 - Dec 2006</p>	<p>During these difficult years following the war in Iraq, I left my country and became a refugee. I lived in Egypt and then spent a short period in the UK on a clinical attachment. During this time, I passed the UK's Professional and Linguistic Assessment Board (PLAB) Test to register with the GMC, UK.</p>
<p>Baghdad University, Iraq Oct 2004 - Sept 2005</p>	<p>Physician (Clinical) Tutor Department of Physiologic Chemistry, College of Medicine. This academic post was one of 20 posts awarded to the top 20 graduates of the College of Medicine, Baghdad University. My grade ranking was 17th out of more than 300 graduates. The post was a pre-requirement to apply for a postgraduate degree (Master and PhD) in Biochemistry. Unfortunately, I had to leave this post due to the war in Iraq and the threat to my safety and the safety of my family.</p>
<p>Oct 2002 - Sept 2004</p>	<p>Two years of medical and surgical rotations in approved teaching hospitals in Baghdad, Iraq (equivalent to the UK's foundation training). I rotated through major medical and surgical subspecialties, including medicine, cardiothoracic surgery, cardiology, orthopaedics and reconstructive surgery, among other subspecialties.</p>

