



SPECIALISMS

ADHD, ASD Diagnosis
ADHD, ASD, ADD, Asperger's
Addiction
Alienation
Antisocial Behaviour
Anxiety and Depression
Attachment
Bereavement
Bipolar
Brain Injury
Capacity
Chronic Pain
Cognitive Behavioural Therapy
Cultural Diversity
Custody
Dementia
Domestic Violence
Drug/Alcohol/substance misuse
Eating Disorder
Epilepsy
Fabricated illness and Munchausen
Historic Sex Abuse
Sexual Abuse Victims
Mood Disorder
Neglect
Non-Accidental Injury
OCD
Old Age
Paedophilia
Perinatal and Postnatal Depression
Personality Disorders
Psychosis
Psychosomatic
PTSD and Trauma
Radicalisation
Sexual Harassment
Schizophrenia
Self Harm
Sex Change
Sex Offenders
Stroke
Trafficking, Victims of Torture
Suicidal Ideation

CASE TYPES

Clinical Negligence
Cognitive
Criminal
Disability Discrimination
Educational
Employment Tribunal
Family
Fitness to Plead
Forensic
Global Family Assessment
Historic Sexual Abuse
Housing
Immigration & Asylum
Litigation Capacity
Personal Injury
Private Family Law Proceedings
Risk Assessments
Road Traffic Accidents
Second Opinion
Testamentary Capacity

PROFILE SUMMARY

Dr Ali has a wide range of experience compiling expert witness reports of children, adolescents and adults in the context of Family Law Proceedings and Private Law Disputes.

Dr Ali regularly undertakes Personal Injury, Criminal, Family, Immigration and clinical negligence expert witness reports involving compliance, capacity, competency to stand trial, domestic violence, personality, suggestibility, compliance, substance and drug abuse and risk assessment in assessments of parental contact and parenting skills for family cases.

Dr Ali has extensive experience of trauma and PTSD in personal injury, assault and RTA cases. Dr Ali has undertaken immigration and asylum cases involving the impact of removal from the U.K. in the individual and on their mental health; anxiety, depression, personality, stress, suicidality and family life. Dr Ali has possesses the expertise and competence to assess & provide her opinion on personality, risk, psychosexual disorders, parent-child attachment and risk of reoffending, deliberate self harm, mental capacity, autism, and aspergers, honour based issues, employment tribunals, academic appeals, fitness to practise and competency to stand trial.

Instructions undertaken are 80% claimant and 20% defendant.

LANGUAGES

Dr Ali is multilingual and experienced in undertaking assessments in: English, Hindi, Punjabi and Urdu

INDEPENDENT PRACTICE:

2011 - Present:

Independent Expert Witness

Areas of Expertise:

Dr Ali has undergone training as a Health Professional Expert Witness with Bond Solon. Dr Ali has extensive experience of assessing a wide range of mental health problems by psychometric objective assessments and by clinical interview.

Family & Capacity

- Cognitive Functioning
- Substance Misuse
- Assessment of anger traits and anger management skills
- Behavioural Issues/Behavioural Management
- Personality Disorders and Clinical Syndromes
- Affective Disorders (for PTSD and anxiety disorders etc)





Criminal:

- Substance Misuse
- Mental Capacity
- Personality Assessments

Civil/Personal Injury:

- Post Traumatic Stress Disorder
- Deportation Assessments
- Disability Discrimination Tribunals
- Sexual difficulties

CLINICAL EXPERIENCE

- Provision of psychological assessment & therapy to individuals with complex mental health difficulties
- Conducting therapeutic interventions including Cognitive Behavioural Therapy (CBT) & Eye Movement Desensitization and Reprocessing (EMDR)
- Supervision of Counselling Psychologists & Psychotherapists
- Training and Consultation of Professionals
- Design and implementation of service development projects
- Interviewing and recruitment of staff

QUALIFICATIONS

Academic Qualifications

- Doctor of Counselling Psychology - London Metropolitan University, London (2008)
- BSc Psychology. Degree classification 2:1 Upper Second Class - UNIVERSITY OF EAST LONDON, UK (2004)

Professional Qualifications & Memberships

- Registered Psychologist, Health Professionals Council BPS Chartered Counselling Psychologist
- Eye Movement desensitization and reprocessing (EMDR) practitioner ADOS (Autism Assessment and Diagnosis).

Expert Witness Training

- Excellence in Report Writing – Bond Solon (2014)
- Court Room Skills – Bond Solon (2014)

EMPLOYMENT HISTORY

2009-2015 CMHT Psychological Therapies Services. East London NHS Foundation Trust.

2011 Present: Private Practice – Harley Street

Psychologist in Private Practice

Dr Ali's Duties Include:

- Providing assessment, formulation and a variety of evidence based psychological therapies for individuals presenting with a wide range of mental health needs, relationship difficulties and stress management. Long term and short term models of therapy offered including: Cognitive Behavioural Therapy, EMDR, Psychodynamic, Cognitive Analytical Therapy and Mindfulness.



2009-2015 CMHT Psychological Therapies Services. East London NHS Foundation Trust.

COUNSELLING PSYCHOLOGIST

- Providing highly specialist skills in complex care in Adult mental health in patients with a broad range of severe, complex and enduring disorders comorbid with other presentations using Cognitive Behavioural Therapy (CBT), Compassion Focused Therapy (CFT), Integrative therapy and Cognitive Analytic Therapy (CAT).
- Providing psychological assessment, formulation and devising treatment plans for a wide range of severe, complex and enduring disorders as well as monitoring risk.
- Screening referrals and assessing whether criteria is met for complex psychological care & assessing for risk including to refer and sign post patients to other agencies where appropriate.
- Working within a Multidisciplinary team, providing expertise, advice, recommendations and consultation to facilitate effective provision of psychological care to patients, all referrals, CMHT team, external agencies and GPs.
- Supervising Counselling Psychology trainees' clinical work and performing managerial duties.
- Attending and participating in service and team meetings, individual and group supervision.
- Facilitating South Asian women's Multi-lingual Therapy Group.
- Providing bi-lingual therapy in Hindi, Punjabi and Urdu.

2009 ST. ANN'S HOSPITAL, HARINGEY IAPT PRIMARY CARE TRUST.

COUNSELLING PSYCHOLOGIST/CBT THERAPIST

- Providing IAPT Step3 psychological therapy to individuals with mild-moderate and moderate - severe depression and anxiety disorders co-morbid with other presentations i.e. OCD, PTSD, Panic disorder and phobias using Cognitive Behavioural Therapy.
- Received induction training in preparation for IAPT program
- Shadowing and performing all aspects of role as duty manager and supervising for risk.
- Preparing to supervise and line manage High Intensity trainees' and Step 2 workers' clinical work in line with IAPT and perform managerial duties.
- Preparing to supervise and line manage High Intensity trainees' and Step 2 workers' clinical work in line with IAPT and perform managerial duties.
- Job shadowed supervision structure and management meetings to prepare to supervise High Intensity Trainees and Step 2 workers.
- Receiving regular individual and group supervision.
- Trained and spent time performing tasks and making decisions as day Duty worker whether referrals received are appropriate or inappropriate for IAPT.
- Assessing suitability of referrals received for IAPT. Decision making whether referrals are appropriate for telephone screening or stepped up to Step 3, START team or signposting for other services.
- Being proactive as a team member in setting up the IAPT service in Haringey.
- Spending time shadowing Step 2 screening and conducting screening to familiarize myself with step 2 work for when providing supervision.
- Attending regular IAPT team meetings and IAPT top workshops at Institute of Psychiatry.
- Perform all administrative aspects of work and writing assessment and end of therapy reports to referrers and supervisee and managerial notes are also part of my duties





09/2006- 03/2009

**GUY'S HOSPITAL, YORK CLINIC,
SEXUAL DYSFUNCTIONAL & RELATIONSHIP PROBLEM CLINIC**

COUNSELLING PSYCHOLOGIST

- Counselling individuals and couples with sexual dysfunctions and relationship problems comorbid with other more complex mental illnesses using Cognitive Behavioural Therapy, Person-Centred and Psychodynamic frameworks.
- Conducted assessments, developing treatment plans based upon appropriate conceptual framework of the client's problems, and employing methods based upon evidence of efficacy demonstrating good communication skills.
- Demonstrating good communication skills by liaising effectively with multidisciplinary team and other professionals. Assessing and informing professionals of risk factors.
- Performed all administrative aspects related to patients report writing, assessment and discharge letters.

09/0707-03/0909

MUNRO CLINIC, GUY'S HOSPITAL.

COUNSELLING PSYCHOLOGIST

- Counselling adults, in a secondary care setting, with personality disorders using Cognitive Analytic Therapy.
- Conducting assessments taking historical and developmental processes that have shaped the individuals relational patterns.
- Conducting risk assessments and monitoring patients' suicidal behaviour.
- Performed all administrative aspects related to patients.
- Demonstrated self-reflection to avoid colluding with patients' dysfunctional relationship patterns by constantly attending to concepts of transference and countertransference in my therapeutic work.

ADDITIONAL INFORMATION:

- Full enhanced CRB
- Personal professional indemnity Insurance
- Clean driver's license
- Experience of working with an interpreter

LOCATIONS:

City, Central London, Essex. Willing to travel outside of London.