

SPECIALISMS

Anxiety
Bipolar
Capacity
Chronic Pain
Cultural Diversity
Custody
Dementia
Depression
Domestic Violence
Drug/Alcohol/Substance Misuse
Eating Disorder
Epilepsy
Historic Sex Abuse
Learning Difficulties
Learning Disabilities
Military
Mood Disorder
Neglect
OCD
Old Age
Paedophilia
Pain Management
Perinatal
Personality Disorders
Postnatal Depression
Psychosexual
Psychosis
Psychosomatic
PTSD
Radicalisation
Risk
Sexual Harassment
Schizophrenia
Self Harm
Sex Offenders
Sexual Abuse Victims
Stroke
Trafficking
Trauma
Victims of Torture
Suicidal Ideation

CASE TYPES

ADHD
ASD
Clinical Negligence
Criminal
Disability Discrimination
Employment Tribunal
Family
Fitness to Plead
Historic Sexual Abuse
Housing
Immigration & Asylum
Litigation Capacity
Military Veterans
Neuropsychiatric
Occupational Health
Personal Injury
Risk Assessments
Road Traffic Accident
Second Opinion
Testamentary Capacity

CLINICAL & EXPERT WITNESS PSYCHIATRY EXPERIENCE

Dr Waheed is a University academic and an NHS Adult Consultant Psychiatrist. His clinical base is in Stockport, where he assesses and treats a diverse patient population, many with complex mental health problems. He has a special interest in assessing psychiatric patients with physical health conditions and those from ethnic minority backgrounds. He is a highly experienced accredited Consultant Psychiatrist and has delivered Expert witness reports since 2001. Dr Waheed has completed expert witness reports in Civil & Criminal Cases. A significant number of cases have been in claims involving psychiatric injuries as a result of accidents, medical negligence, victims of abuse, asylum seekers and in immigration matters.

PSYCHIATRIC REPORTS IN CRIMINAL CASES

Dr Waheed is approved under the Mental Health Act Section 12. He provides regular psychiatric assessments in Criminal Cases mainly covering fitness to plead and instruct, pre-sentencing psychiatric court reports, diminished responsibility assessments, intent, hospital order assessments and psychiatric reports in arson cases.

INDEPENDENT PSYCHIATRIC REPORTS IN IMMIGRATION CASES AND ASYLUM CASES

Dr Waheed is an expert in the mental health of ethnic minorities and regularly provides psychiatric assessment in Immigration matters looking at the asylum applications, spouse violence, PTSD, the impact of deportation on individuals and their families.

ASSESSING PSYCHIATRIC INJURIES IN PERSONAL INJURY CASES

Dr Waheed has substantial experience in producing high-quality medico-legal reports to assist individuals who have suffered psychiatric injuries in Road Traffic Accidents and due to Medical Negligence.

EDUCATION AND QUALIFICATIONS

- Doctorate in Medicine (MD), University of Manchester
- CCST General Adult Psychiatry and Liaison Psychiatry
- MRCPsych, Membership The Royal College of Psychiatrists
- 1998 Diploma General Psychiatry, Keele University
- 1987 MBBS, Quaid e Azam University, Islamabad, Pakistan



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LANGUAGES

English, Urdu, Punjabi and Pothwari

CURRENT APPOINTMENTS

- THE UNIVERSITY OF MANCHESTER Reader in Psychiatry , Nov 2015 – to date
- PENNINECARE NHS FOUNDATION TRUST Honorary Consultant Psychiatrist, July 2018 – to date

OTHER PAST APPOINTMENTS

- Lancashire care NHS Foundation Trust:
 - Consultant Psychiatrist, Aug 2004 – Nov 2015
 - Honorary Consultant Psychiatrist, Nov 2015– July 2018
- North West Higher Specialist Training Scheme, Mar 2001 – Feb 2004
- Coventry and Warwickshire Psychiatry Rotation, Nov 1996 --Feb 2001
- NIHR Research Network: MHRN North west Hub Lead, Aug 2012 – Aug 2014
- The British Journal of Psychiatry: Reviews Editor, May 2006 – Mar 2015
- The Royal College of Psychiatrists; North West Division Regional Representative, General Adult & Community Psychiatry, Aug 2010 – Nov 2012

RESEARCH SUPERVISION

Current post graduate degree students:

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|-------------|--|-----------------|
| PhD 2016-20 | Preventing depression in the community by voluntary sector providers | Mel Safari |
| PhD 2016-20 | Improving British South Asian recruitment into mental health research NIHR School for Primary Care Research PhD Studentship | Yumna Masood |
| PhD 2017-21 | Development and evaluation of a toolkit to improve access and diagnosis of dementia in memory services for the British Urdu speaking population. MRC DTP PhD Studentship | Nadine Mirza |
| PhD 2017-20 | Delivering low intensity psychological interventions for Common Mental | Ujala Shahmalak |
| PhD 2018-21 | Improving cultural sensitivity in IAPT services | Kanza Khan |
| PhD 2019-22 | Improving outcomes for ethnic minorities in psychotherapy | Nafisa Nabi |
| PhD 2019-22 | Developing and feasibility testing Cognitive Stimulation for Dementia in | Sarah McMullen |

Past post graduate degree students:

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| MPhil 2016-18 | Implementing NICE guidelines for the detection, diagnosis and management of Psychosis in Primary Care | Fatima Umar |
| MPhil | Developing and testing a cultural sensitivity audit tool for IAPT services | Kanza Khan |
| MPhil | Culturally adapting Addenbrooke's cognitive examination (ACE III) for British Pakistani population | Nadine Mirza |
| PhD | What are Effective Methods to Recruit Research Participants into Mental Health Trials? | Adwoa HughesMorley |
| MSc | Developing Collaborative care model for Primary care in South Africa | Dr Hussain |
| MSc | Evaluation of a training program to increase ethnic minorities recruitment into clinical trials | Dr Hassan |
| PhD | Barriers to access to primary care mental health services for BME groups in the UK | Saadia Aseem |
| MPhil | Pathways and outcomes in Crisis resolution and home treatment teams | Dr Antonsamy |
| PhD | Effect of Joint crisis plans on involuntary admissions | Gillian Brown |
| MSc | Developing a framework for cultural adaptation of Interpersonal therapy | Dr Butt |
| MSc | Preventive interventions for self harm in schools: a realist review | Dr Balakrisan |
| MPhil | Prevalence of depression in Pulmonary Tuberculosis; a systematic review | Dr Dearman |
| MSc | Methodological quality of meta analysis for major depression: systematic review | Dr Rhouma |

RESEARCH GRANTS

Current:

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| 2020 | PERSUADE Pakistan: Preventing depression in the community by non-traditional providers in Pakistan. £ 40k | University Manchester | Principal investigator |
| 2018-22 | Multiple Symptoms Study 3: pragmatic trial of a community based clinic for patients with medically unexplained physical symptoms 1.2 million | NIHR HS&DR | PI Manchester |
| 2017-22 | The Greater Manchester Primary Care Patient Safety Translation- al Research Centre (Greater Manchester PSTRC). £6.69 million | NIHR | Co applicant |



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| 2016-20 | ROSHNI D: Multi centre RCT of a group psychological intervention for postnatal depression in British south Asian mothers. £ 1.76 million | NIHR HTA | Co applicant |
| 2014-19 | PARTNERS 2: development and pilot trial of primary care based collaborative care for people with serious mental illness. £ 2 million | NIHR PGfAR | Co applicant |
| <u>Previous:</u> | | | |
| 2017-18 | PERSUADE: Preventing depression in the community by non-traditional providers. £ 78k | NIHR SPCR | Principal investigator |
| 2015-17 | NOTEPAD: Non-traditional providers to support the management of elderly people with Anxiety and Depression: a feasibility study. £290k | NIHR HS&DR | Co applicant |
| 2014-16 | CLASSIC: Comprehensive Longitudinal Assessment of Salford Integrated Care: a large scale evaluation of the transformation of care for older people in Salford. £1.2m | NIHR HS&DR | Co applicant |
| 2016 | MINARET: Improving access to dementia care for ethnic minorities: systematic review of qualitative studies. £ 39k | NIHR SPCR | Principal investigator |
| 2014-15 | Characteristics of patient populations that determine the effectiveness of collaborative care interventions for depression: meta-analysis of individual participant data in people with long term conditions £ 46k | NIHR SPCR | Co applicant |
| 2013-14 | Clinical research group: Anxiety and depression in physically ill. £ 5k | MHRN | Principal investigator |
| 2013-14 | Hard to reach groups and effective interventions for improving their access to drug and alcohol treatment £25k | LivHIR | Co applicant |
| 2013-13 | Management of depression in older people – developing and evaluating flexible interventions in primary care £30k | LivHIR | Co applicant |
| 2010-13 | Exploratory RCT of a group psychological Intervention for Postnatal Depression in British Mothers of Pakistani Origin £250 k | RfPB | Co applicant |
| 2007-13 | NIHR Collaborations for Leadership in Applied Health Research and Care (CLAHRC) £20 million | NIHR | Co applicant |
| 2007-12 | R&D programme to increase equity of access to high quality mental health services in primary care. £ 2.0 m | NIHR PGfAR | Principal investigator |



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| 2007-11 | RCT of Joint Crisis Plans to Reduce Compulsory Treatment of People with Psychosis. £2.1 million | MRC | Principal investigator |
| 2009-10 | Developing a training programme to increase recruitment of ethnic minorities into trials. £15 k | CLRN | Principal investigator |
| 2006-07 | Qualitative study of factors affecting antidepressant treatment concordance in primary care: £ 200 k | Servier | Co applicant |
| 2004-06 | RCT of a complex intervention for persistently depressed women of Pakistani origin: £207 k | MRC | Co applicant |
| 2006-08 | Acute care research group: £5 k | MHRN | Co applicant |
| 2006-08 | Ethnic inequalities in mental health service research group: £5 k | MHRN | Co applicant |

JOURNAL PUBLICATIONS

1. Waheed W, Mirza N, Waheed MW, Malik A, Panagioti M Developing and implementing guidelines on culturally adapting the Addenbrooke's cognitive examination version III (ACE-III): a qualitative illustration BMC Psychiatry. 2020; 20: 492.
2. Moriarty AS, Coventry PA, Hudson JL, Cook N, Fenton OJ, Bower P, Lovell K, Archer J, Clarke R, Richards DA, Dickens C, Gask L, Waheed W, Huijbregts KM, van der Feltz-Cornelis C, Ali S, Gilbody S, McMillan D. The role of relapse prevention for depression in collaborative care: A systematic review. J Affect Disord. 2020 Mar 15;265:618-644.
3. Waquas Waheed, Nadine Mirza, Muhammed Wali Waheed, Amy Blakemore, Cassandra Kenning, Yumna Masood, Fiona Matthews, Peter Bower. Recruitment and methodological issues in conducting dementia research in British ethnic minorities: A qualitative systematic review Int J Methods Psychiatr Res. 2020 Mar; 29(1): e1806.
4. Shahmalak U, Blakemore A, Waheed MW, Waheed W. The experiences of lay health workers trained in task-shifting psychological interventions: a qualitative systematic review. Int J Ment Health Syst. 2019 Oct 14;13:64.
5. Kenning C, Blakemore A, Bower P, Safari M, Cuijpers P, Brown JS, Hann M, Lidbetter N, Muñoz RF, Waheed W. Preventing depression in the community by voluntary sector providers (PERSUADE): intervention development and protocol for a parallel randomised controlled feasibility trial. BMJ Open. 2019 Oct 3;9(10):e023791.
6. Burroughs H, Bartlam B, Bullock P, Lovell K, Ogollah R, Ray M, Bower P, Waheed W, Gilbody S, Kingstone T, Nicholls E, Chew-Graham CA. Non-traditional support workers delivering a brief psychosocial intervention for older people with anxiety and depression: the NOTEPAD feasibility study. Southampton (UK): NIHR Journals Library; 2019 Jul.



7. Hudson JL, Bower P, Kontopantelis E, Bee P, Archer J, Clarke R, Moriarty AS, Richards DA, Gilbody S, Lovell K, Dickens C, Gask L, Waheed W, Coventry PA. Impact of telephone delivered case-management on the effectiveness of collaborative care for depression and anti-depressant use: A systematic review and meta-regression. *PLoS One*. 2019 Jun 14;14(6):e0217948.
8. Daveney J, Panagioti M, Waheed W, Esmail A. Unrecognized bipolar disorder in patients with depression managed in primary care: A systematic review and meta-analysis. *Gen Hosp Psychiatry*. 2019 May - Jun;58:71-76.
9. Kingstone T, Bartlam B, Burroughs H, Bullock P, Lovell K, Ray M, Bower P, Waheed W, Gilbody S, Nicholls E, Chew-Graham CA. Can support workers from AgeUK deliver an intervention to support older people with anxiety and depression? A qualitative evaluation. *BMC Fam Pract*. 2019 Jan 19;20(1):16.
10. Masood Y, Bower P, Waheed MW, Brown G, Waheed W. Synthesis of researcher reported strategies to recruit adults of ethnic minorities to clinical trials in the United Kingdom: A systematic review. *Contemp Clin Trials*. 2019 Jan 8;78:1-10.
11. Mirza N, Panagioti M, Waheed W. Cultural validation of the Addenbrooke's cognitive Examination Version III Urdu for the British Urdu-speaking population: a qualitative assessment using cognitive interviewing. *BMJ Open*. 2018 Dec 14;8(12):e021057.
12. Bower P, Reeves D, Sutton M, Lovell K, Blakemore A, Hann M, Howells K, Meacock R, Munford L, Panagioti M, Parkinson B, Riste L, Sidaway M, Lau YS, Warwick-Giles L, Ainsworth J, Blakeman T, Boaden R, Buchan I, Campbell S, Coventry P, Reilly S, Sanders C, Skevington S, Waheed W, Checkland K. Improving care for older people with long-term conditions and social care needs in Salford: the CLASSIC mixed-methods study, including RCT. Southampton (UK): NIHR Journals Library; 2018 Aug.
13. Camacho EM, Davies LM, Small N, Hann M, Bower P, Chew-Graham C, Baguey C, Gask L, Dickens C, Lovell K, Waheed W, Gibbons C, Coventry P. Long-term clinical and cost-effectiveness of collaborative care (vs. usual care): a cluster-randomised trial. *BJPsych*, 2018 Aug;213(2):456-463.
14. Blakemore A, Kenning C, Mirza N, Daker-White G, Panagioti M and Waheed W Dementia in UK South Asians: A scoping review of the literature. *BMJ Open*, 2018 Apr 12;8(4):e020290.
15. Burroughs H, Bartlam B, Ray M, Kingstone T, Shepherd T, Ogollah R, Proctor J, Waheed W, Bower P, Bullock B, Lovell K, Gilbody S, Bailey D, Butler-Walley S, Chew-Graham C. The feasibility and acceptability of an intervention for older people with depression and anxiety delivered by third sector workers: The NOTEPAD Feasibility study Protocol. *Trials*, 2018 Mar 7;19(1):172.
16. Henderson C, Farrelly S, Flach C, Borschmann R, Birchwood M, Thornicroft G, Waheed W, Szmukler G. Informed, advance refusals of treatment by people with severe mental illness in a randomised controlled trial of joint crisis plans: demand, content and correlates. *BMC Psychiatry*. 2017 Nov 24;17(1):376.
17. Mirza N, Panagioti M, Waheed MW and Waheed W. Reporting of the Translation and Cultural Adaptation Procedures of the Addenbrooke's Cognitive Examination Version III (ACE-III) and its predecessors: A Systematic Review. *BMC Medical Research Methodology*. 2017 Sep 13;17(1):141.
18. Lepping P, Whittington R, Sambhi RS, Lane S, Poole R, Leucht S, Cuijpers P, McCabe R, and Waheed W. Clinical relevance of findings in trials of CBT for depression. *European Psychiatry*. 2017 Sep;45: 207- 211.



19. Kenning C, Daker-White G, Blakemore A, Panagioti M and Waheed W. Barriers and facilitators in accessing dementia care by ethnic minority groups: a meta-synthesis of qualitative studies. *BMC Psychiatry*. 2017 Aug 30;17(1):316.
20. Hughes-Morley A, Hann M, Fraser C, Meade O, Lovell K, Young B, Roberts C, Cree L, More D, O'Leary N, Callaghan P, Waheed W, Bower P. The impact of advertising patient and public involvement on trial recruitment: embedded cluster randomised recruitment trial. *Trials*. 2016 Dec 8;17(1):586.
21. Hughes-Morley A, Young B, Hempel RJ, Russell IT, Waheed W, Bower P. What can we learn from trial decliners about improving recruitment? Qualitative study. *Trials*. 2016 Oct 12;17(1):494.
22. Panagioti M, Bower P, Kontopantelis E, Lovell K, Gilbody S, Waheed W, Dickens C, Archer J, Simon G, Ell K, Huffman JC, Richards DA, van der Feltz-Cornelis C, Adler DA, Bruce M, Buszewicz M, Cole MG, Davidson KW, de Jonge P, Gensichen J, Huijbregts K, Menchetti M, Patel V, Rollman B, Shaffer J, Zijlstra-Vlasveld MC, Coventry PA. Association Between Chronic Physical Conditions and the Effectiveness of Collaborative Care for Depression: An Individual Participant Data Meta-analysis. *JAMA Psychiatry*. 2016 Sep 1;73(9):978-89.
23. Dowrick C, Bower P, Chew-Graham C, Lovell K, Edwards S, Lamb J, Bristow K, Gabbay M, Burroughs H, Beatty S, Waheed W, Hann M, Gask L. Evaluating a complex model designed to increase access to high quality primary mental health care for under-served groups: a multi-method study. *BMC Health Serv Res*. 2016 Feb 17;16(1):58.
24. Husain N, Chaudhry N, Rhouma A, Sumra A, Tomenson B, Waheed W. Validation of the SelfReporting Questionnaire (SRQ 20) in British Pakistani and White European Population in the United Kingdom. *Journal of Affective Disorders*, 2016 Jan 1;15(1):109.
25. Farrelly S, Lester H, Rose D, Birchwood M, Marshall M, Waheed W, Henderson RC, Szmukler G, Thornicroft G. Barriers to shared decision making in mental health care: qualitative study of the Joint Crisis Plan for psychosis. *Health Expect*. 2016 Apr;19(2):448-58.
26. Masood Y, Lovell K, Lunat F, Atif N, Waheed W, Rahman A, Mossabir R, Chaudhry N, Husain N. Group psychological intervention for postnatal depression: a nested qualitative study with British South Asian women. *BMC Womens Health*. 2015 Nov 25;15(1):109.
27. Waheed W, Husain N, Allen G, Atif N, Aseem S, Waquas A, Garrett S, Sheikh S, Syed A, Gask L, Bower P. Recruitment strategies for British South Asians in five Depression trials: a mixed method study. *Journal of Affective Disorders*, 2015 Oct 1;185:195-203.
28. Waheed W, Hughes-Morley A, Woodham A, Allen G, Bower B. Overcoming barriers to recruiting ethnic minorities to mental health research: a typology of recruitment strategies. *BMC Psychiatry*. 2015 May 2;15:101.
29. Coventry P, Lovell K, Dickens C, Bower P, Chew-Graham C, McElvenny D, Hann M, Cherrington A, Garrett C, Gibbons CJ, Baguley C, Roughley K, Adeyemi I, Reeves D, Waheed W, Gask L. Integrated primary care for patients with mental and physical multimorbidity: cluster randomised controlled trial of collaborative care for patients with depression comorbid with diabetes or cardiovascular disease. *BMJ*. 2015 Feb 16;350:h638.
30. Farrelly S, Lester H, Rose D, Birchwood M, Marshall M, Waheed W, Henderson C, Szmukler G, Thornicroft G. Improving Therapeutic Relationships: Joint Crisis Planning for Individuals With Psychotic Disorders. *Qualitative Health Research*. 2015 Jan 12.

32. Hughes-Morley A, Young B, Waheed W, Small N, Bower P. Factors affecting recruitment into depression trials: systematic review and meta-synthesis. *Journal of Affective disorders*, 2014 Oct 16;172C:274-290.
33. Coventry PA, Hudson JL, Kontopantelis E, Archer J, Richards DA, Gilbody S, Lovell K, Dickens C, Gask L, Waheed W, Bower P. Characteristics of effective collaborative care for treatment of depression: a systematic review and meta-regression of 74 randomised controlled trials. *PLoS One*. 2014 Sep 29;9(9):e108114. 33. Lamb J, Dowrick C, Burroughs H, Beatty S, Edwards S, Bristow K, Clarke P, Hammond J, Waheed W, Gabbay M, Gask L: Community engagement in a complex intervention to improve access to primary
34. Lamb J, Dowrick C, Burroughs H, Beatty S, Edwards S, Bristow K, Clarke P, Hammond J, Waheed W, Gabbay M, Gask L: Community engagement in a complex intervention to improve access to primary mental health care for hard to reach groups. *Health Expectations*. 2014 Sep 29.
35. Farrelly S, Brown G, Szmukler G, Rose G, Birchwood M, Marshall M, Waheed W, Thornicroft G. Can the therapeutic relationship predict 18 month outcomes for individuals with psychosis? *Psychiatry Research*. 2014 Dec 15;220(1-2):585-91.
36. Brown G, Woodham A, Marshall M, Thornicroft G, Szmukler G, Birchwood M, Waquas A, Farrelly S, Waheed W. Recruiting South Asians into a mental health randomised controlled trial: experiences of field researchers. *Journal of Racial and Ethnic Health Disparities*. 2014, Sept 1:3, 181-193
37. Lovell K, Lamb J, Gask L, Bower P, Waheed W, Chew-Graham C, Lamb J, Aseem S, Beatty S, Burroughs H, Clarke P, Dowrick A, Edwards S, Gabbay M, Lloyd-Williams M, Dowrick C. Development and evaluation of culturally sensitive psychosocial interventions for under-served people in primary care. *BMC Psychiatry*. 2014 Aug 1;14(1):217.
38. Chew-Graham C, Burroughs H, Gask L, Hibbert D, Beatty S, Gravenhorst K, Waheed W, Kovandzic M, Gabbay M, Dowrick C. Aiming to improve the quality of primary mental health care: developing an intervention for underserved communities. *BMC Family Practice*. 2014 Apr 16; 15 (1):68.
39. Farrelly S, Brown G, Rose D, Doherty E, Henderson C, Birchwood M, Marshall M, Szmukler G, Waheed W & Thornicroft G. What service users with psychotic disorders want in a mental health crisis or relapse: thematic analysis of Joint Crisis Plans. *Social Psychiatry and Psychiatric Epidemiology*. 2014 Apr 2
40. Brown G, Marshall M, Bower P, Woodham A, Waheed W. Barriers to recruiting ethnic minorities to mental health research. *International Journal of Methods in Psychiatric Research*. 2014 Mar; 23(1):36-48.
41. Barrett B *, Waheed W*, Farrelly S, Birchwood M, Dunn G, Flach C, Henderson C , Leese M, Lester H, Marshall M, Rose D, Sutherby K, Szmukler G , Thornicroft G, Byford S. Randomised controlled trial of joint crisis plans to reduce compulsory treatment for people with psychosis: economic evaluation. *Plos One*, 2013 Nov 25; 8(11):e74210. (Joint first authors)
42. Dowrick C, Chew-Graham C, Lovell K, Lamb J, Aseem S, Beatty S, Bower P, Burroughs H, Clarke P, Edwards S, Gabbay M, Gravenhorst K, Hammond J, Hibbert D, Kovandžić M, Lloyd-Williams M, Waheed W, Gask L. Increasing equity of access to high-quality mental health services in primary care: a mixed-methods study. Southampton (UK): NIHR Journals Library; 2013 Oct.
43. Balaguru V, Sharma J, Waheed W. Understanding efficacy of School based suicide prevention programs: A realist review. *Child and Adolescent mental health*. 18, No. 3, 2013, 131–139



44. Farrelly S, Szmukler G, Henderson C, Birchwood M, Marshall M, Waheed W, Finnecy C, Thornicroft G. Individualisation in crisis planning for people with psychotic disorders. *Epidemiology Psychiatric Science*. 2013 Sep 10:1-7
45. Rahman A, Fisher J, Bower P, Luchters S, Tran TD, Yasamy MT, Saxena S, Waheed W. Interventions for common perinatal mental disorders in women in low- and middle-income countries: a systematic review and meta-analysis. *Bulletin of World Health Organisation*, 2013 Aug 1; 91 (8):593-601.
46. Coventry PA, Lovell K, Dickens C, Bower P, Chew-Graham C, Cherrington A, Garrett C, Gibbons CJ, Baguley C, Roughley K, Adeyemi I, Keyworth C, Waheed W, Hann M, Davies L, Jeeva F, Roberts C, Knowles S, Gask L. Update on the collaborative interventions for circulation and depression (COINCIDE) trial: changes to planned methodology of a cluster randomized controlled trial of collaborative care for depression in people with diabetes and/or coronary heart disease. *Trials*. 2013 May 11;14:136.
47. Hammond J, Gravenhorst K, Funnell E, Beatty S, Hibbert D, Lamb J, Burroughs H, Kovandic M, Gabbay M, Dowrick C, Gask L, Waheed W, Chew-Graham C. Slaying the dragon myth: a qualitative study of receptionists in UK general practice. *British Journal of General Practice*. *Br J Gen Pract*. 2013 Mar;63 (608):177-84
48. Thornicroft G, Farrelly S, Szmukler G, Birchwood M, Waheed W, Flach C, Byford S, Henderson C , Sutherby K, Lester H, Rose D, Dunn G, Barrett B, Leese M, Marshall M. Randomised controlled trial of joint crisis plans to reduce compulsory treatment for people with psychosis: clinical outcomes. *Lancet*. 2013 May 11;381(9878):1634-41
49. Coventry PA, Lovell K, Dickens C, Bower P, Chew-Graham C, Cherrington A, Garrett C, Gibbons CJ, Baguley C, Roughley K, Adeyemi I, Keyworth C, Waheed W, Hann M, Davies L, Jeeva F, Roberts C, Knowles S, Gask L. Collaborative Interventions for Circulation and Depression (COINCIDE): study protocol for a cluster randomized controlled trial of collaborative care for depression in people with diabetes and/or coronary heart disease. *Trials*. 2012 Aug 20;13(1):139.
50. Gask L, Bower P, Lamb J, Burroughs H, Chew-Graham C, Edwards S, Hibbert D, Kovandic M, Lovell K, Rogers A, Waheed W, Dowrick C, Group A. Improving access to psychosocial interventions for common mental health problems in the United Kingdom: narrative review and development of a conceptual model for complex interventions. *BMC Health Serv Res*. 2012 Aug 13;12(1):249.
51. Garrett CR, Gask LL, Hays R, Cherrington A, Bundy C, Dickens C, Waheed W, Coventry PA. Accessing primary health care: a meta-ethnography of the experiences of British South Asian patients with diabetes, coronary heart disease or a mental health problem. *Chronic Illness*. 2012 Jun;8(2):135-55.
52. van 't Hof E, Cuijpers P, Waheed W, Stein D.J. Psychological treatments for depression and anxiety disorders in low- and middle- income countries: A meta-analysis. *African Journal of Psychiatry* 2011 Jul;14(3):200-7.
53. Husain N, Chaudhry N, Durairaj S, Chaudhry I, Khan S, Husain M, Nagaraj D, Naeem F and Waheed W. Prevention of self harm in British South Asian women : study protocol of an Exploratory RCT of culturally adapted manual assisted Problem Solving Training (C- MAP). *Trials* 2011 Jun 21;12:159.
54. Naeem F, Ayub M, Masood K, Gul H, Khalid M, Farrukh A, Shaheen A, Waheed W, Chaudhry HR. Prevalence and Psychosocial risk factors of PTSD: 18 months after Kashmir Earthquake in Pakistan. *Journal of Affective Disorders*, 2011 Apr;130 (1-2):268-74.



55. Schofield P, Gask L, Waheed W, Waquas A, Aseem S, Crosland A, Wallace A, Dickens A, Tylee A. Patients' views of anti-depressants: from first experiences to becoming Expert. *British Journal of General Practice*. 2011 Apr; 61(585):142-8.
56. Naeem F, Waheed W, Ayub M, Gobi M, Kingdon D. Preliminary evaluation of culturally sensitive CBT for depression in Pakistan: Findings from Developing Culturally-Sensitive CBT Project (DCCP). *Behavioural and Cognitive Psychotherapy* 2011 Mar; 39(2):165-73.
57. Gask L, Aseem S, Waquas A, Waheed W. Isolation, feeling 'stuck' and loss of control: understanding persistence of depression in British Pakistani women. *Journal of Affective Disorders*. 2011 Jan; 128 (1- 2):49-55.
58. Thornicroft G, Farrelly S, Birchwood M, Marshall M, Szmukler G, Waheed W, Byford S, Dunn G, Henderson C, Lester H, Leese M, Rose D, Sutherby K. CRIMSON Protocol: A randomised controlled trial of joint crisis plans to reduce compulsory treatment of people with psychosis. *Trials* 2010 Nov 5; 11:102
59. Gater R, Waheed W, Husain N, Tomenson B, Aseem S, Creed F. RCT of a Social group intervention for depressed women of Pakistani origin in the UK: The SITARA trial. *British Journal of Psychiatry*. 2010 Sep; 97(3):227-33.
60. Dowrick C, Gask L, Edwards S, Aseem S, Bower P, Burroughs H, Catlin A, Chew-Graham C, Clarke P, Gabbay M, Gowers S, Hibbert D, Kovandzic M, Lamb J, Lovell K, Rogers A, Lloyd-Williams M and Waheed W. Researching the mental health needs of hard-to-reach groups: managing multiple sources of evidence. *BMC Health Services Research*. 2009 Dec 10; 9:226.
61. Chaudhry N, Waheed W, Husain N, Bhatti S, Creed F. Development and Pilot Testing of a Social Intervention for Depressed Women of Pakistani Family Origin in UK. *Journal of Mental Health*. 2009 Dec; 18(6): 504-509.
62. 61. Farooq S, Large M, Nielssen O, Waheed W. The relationship between the duration of untreated psychosis and outcome in low-and-middle income countries: a systematic review and meta analysis. *Schizophrenia Research*. 2009 Apr; 109(1-3):15-23.
63. Husain N, Chaudhry N, Husain MI, Waheed W. Prevention of suicide in ethnic minorities in the UK. *Ethnicity and Inequalities in Health and Social Care*. 2009 March; 2 (1): 10-17.
64. Gater R, Tomenson B, Percival C, Chaudhry N, Waheed W, Dunn G, Macfarlane G, Creed F. Persistent depressive disorders and social stress in people of Pakistani origin and white Europeans in UK. *Social Psychiatry Psychiatric Epidemiology*. 2009 Mar; 44(3):198-207.
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