



## SPECIALISMS

ADHD (Diagnosis)  
ASD (Diagnosis)  
ADD (Diagnosis)  
Asperger's (Diagnosis)  
ADHD, ASD, ADD, Asperger's  
Addiction  
Anxiety / Depression  
Antisocial Behaviour  
Bereavement  
Bipolar  
Capacity  
Chronic Pain  
Cultural Diversity  
Custody  
Domestic Violence  
Drug/Alcohol/Substance Misuse  
Eating Disorder  
Fabricated Illness / Munchausen  
Historic Sex Abuse  
Mood Disorder  
Neglect  
Non-Accidental Injury  
OCD  
Paedophilia  
Pain Management  
Perinatal  
Personality Disorders  
Postnatal Depression  
Psychosexual  
Psychosis  
Psychosomatic  
PTSD / Trauma  
Risk  
Schizophrenia  
Self Harm  
Sex Change  
Sex offenders  
Sexual Abuse Victims  
Suicidal Ideation  
Trafficking  
Victims of Torture

## CASE TYPES

ADHD / ASD  
Clinical Negligence  
Coroner's Reports  
Criminal  
Disability Discrimination  
Employment Tribunal  
Family  
Fitness to Plead  
Historic Sexual Abuse  
Housing  
Immigration & Asylum  
Litigation Capacity  
Occupational Health  
Personal Injury / RTAs  
Risk Assessments  
Second Opinion  
Testamentary Capacity

## EXPERT WITNESS EXPERIENCE

I have extensive experience of providing independent expert evidence in Family, Civil and Criminal courts & Employment tribunals. I produce approximately 90 reports per year. I am a member of Academy of Experts.

### Family Court Proceedings

I have experience of providing expert evidence in the form of written reports as well as oral evidence. I have special interest in assessing the impact of chronic mental illnesses and personality disorders on parenting abilities and assessing risk. I also have extensive training and expertise in assessment and management of adult Autism Spectrum Disorders (ASD) and adult Attention Deficit Hyperactivity Disorders (ADHD) and their impact on parenting abilities.

### Criminal Proceedings:

I am trained in assessing impact of mental disorders on crime. I have extensive experience of assessing fitness to plead and stand trial, capacity to form intent, sentencing and disposal options. I am experienced in providing oral evidence at trials. I have provided reports for the Crown Prosecution Service, and for defendants.

### Civil Proceedings:

I have provided reports for personal injury claims. I have expertise in assessing psychological consequences of physical injury, emotional stress and PTSD.

I have provided reports for both claimants and defendants.

I also have experience of assessing disability under the Equality Act 2010.

### Employment Tribunals

I have experience of providing independent expert reports for employment tribunals. I have provided oral evidence in tribunals.

### Immigration Tribunals

I have provided several reports for immigration cases and have assessed the impact of trauma on mental health

### Mental Health Act Tribunals

I am a medical member of the mental health act tribunals and sit on tribunals across London. I also provide independent reports for the mental health act tribunals.

### Housing and Eviction Proceedings

I have provided many reports for housing cases & eviction proceedings. I am able to assess capacity to conduct proceedings and Wookey capacity.





## QUALIFICATIONS

### **FRCPsych.**

October 2018

The Royal College of Psychiatrists UK

### **MSc in Psychiatric Research**

September 2006

Institute of Psychiatry, Kings College London

### **MRCPsych**

December 2003

The Royal College of Psychiatrists UK

### **Diploma in Psychiatric Practice (DPP)**

January 2000

Guy's, Kings and St. Thomas' (GKT) Medical and Dental School, King's College London and Ain Shams University Cairo.

### **M.B.B.S.**

December 1993

## EXPERIENCE IN PSYCHIATRY

### Current Roles

#### **Consultant Psychiatrist**

##### **Psychiatric Intensive Care Unit (PICU), Cygnet Hospital Blackheath London**

30 November 2018 to date

I am working on a 15 bedded psychiatric intensive care ward at Cygnet Hospital Blackheath. I am responsible for day to day care of the admitted patients. I am also responsible for attending Mental Health Tribunals, teaching and training of the staff. I also contribute to the clinical governance.

#### **Medical Member of the Mental Health Act Tribunals**

January 2015 to date

I started my role as Medical Member of the Mental Health Act Tribunals by Ministry of Justice (MOJ) in 2015. I have been sitting on MHA Tribunals since January 2015 which has provided me with experience of legal and ethical issues of detention criteria. I am also receiving excellent regular training.

#### **Chair of the Critical Review MRCPsych Exam Writing Panel**

April 2022 to date (member since 2008)

I write questions for the critical review part of MRCPsych Examination and contribute to setting of MRCPsych paper B. I also contribute to the recruitment to critical review panel.

#### **Deputy Regional Advisor London Division, The Royal College of Psychiatrist**

2015 to date (Regional Representative since 2010)

I check and approve consultant psychiatrist and staff grade psychiatrist jobs on behalf of Royal College of Psychiatrists



## **PREVIOUS EXPERIENCE**

I worked as a Consultant Psychiatrist at South London & Maudsley NHS Foundation Trust from May 2008 to September 2018 (Substantive from March 2008 to September 2018)

My Roles were:

### **Consultant Psychiatrist**

#### **Acute inpatient psychiatric ward (Wharton Ward) Ladywell Unit, University Hospital Lewisham London**

*May 2008 to September 2018 (Substantive from March 2008 to September 2018)*

I worked as a consultant on Wharton ward Ladywell unit University Hospital Lewisham which is an 18 bedded acute psychiatric ward. I initially worked as a sector consultant managing patients on inpatient ward and in the community (from May 2008 to May 2014). From May 2014 to September 2018 I worked full time on acute inpatient ward.

My responsibilities included assessment and management of patients, attending mental health act tribunals and managers' hearings and providing clinical leadership to the team. I was also a clinical supervisor for a CT trainee, a GP trainee and a ST trainee (specialist registrar) working with the team. I was also involved in the management of the ward and training of staff. I actively participate in research and audit.

#### **Honorary Senior Clinical Lecturer, Institute of Psychiatry Kings College London**

*2016 to 2018*

I was involved in teaching of psychiatrists, medical students and MSc students at the Institute of Psychiatry, Kings College London.

#### **Consultant Psychiatrist South Lewisham Support & Recovery Mental Health Team**

##### **The Northover Centre, 98-102 Northover Downham BR1 5JX**

*May 2008 to May 2014 (substantive from March 2009 to May 2014)*

I worked as a consultant psychiatrist in the community (South Lewisham Support & Recovery Team) alongside working on inpatient ward. The adult population of the sector was 64,000 with ethnic minorities making up 16% of the population. The Continuing Care Team had case load of approximately 210 patients with severe and enduring mental illnesses. I also conducted home visits, CPAs and outpatient clinics. I also conducted mental health act assessments in the community and attended CTO tribunals. I provided clinical leadership to the team and was involved in training of the staff. I was also clinical supervisor of specialist registrar working in the team. All my community work was open and transparent to audit.

#### **Consultant Lewisham Adult Autism Spectrum Disorders Clinic Ladywell Unit, University Hospital Lewisham London South London & Maudsley NHS Foundation Trust**

*July 2010 to September 2018*

I was involved in setting up Lewisham Adult Autism Spectrum Disorders (ASD)/Attention Deficit Hyperactivity Disorders (ADHD) Clinics and worked as a lead consultant at Lewisham Adult Autism Spectrum Disorders Clinic. I conducted specialist adult autism spectrum disorders assessments in the community using clinical assessments, ADI-R and ADOS at weekly Lewisham Adult ASD clinic. I also conducted comorbid Adult ADHD assessments using DIVA. I was involved in screening of referrals and scoring of ASD screening questionnaires. I provided specialist opinion to consultant colleagues for their patients in the community or on acute inpatient psychiatric ward. I also conducted ASD and ADHD assessments on acute inpatient wards. I provided specialist opinion for patients admitted to inpatients on acute psychiatric ward. I was involved in developing Autism Support Services in Lewisham and provided leadership to the ASD services.



## TRAINING POSTS

### **Training of Adult Autistic Spectrum Disorders Assessments**

(2008 to 2009)

*National Behavioural Genetics Clinic*

*South London & Maudsley NHS Foundation Trust Maudsley Hospital Denmark Hill London*

I obtained training of adult autism spectrum disorders assessments at National Behavioural Genetics Clinic Maudsley Hospital London. I was involved in multidisciplinary assessments of ASD and writing reports. I have also received training in ADI-R (Autism Diagnostic Interview), ADOS (Autism Diagnostic Observation Schedule) and DIVA (Diagnostic Interview for ADHD in adults).

### **Higher Specialist Training General Adult Psychiatry**

#### **London deanery Guys, Kings, St Thomas Hospitals/South Thames Training Scheme (Three Years)**

I worked as a Specialist Registrar from 2005 to 2008. During this time, I obtained higher specialist training in community psychiatry, inpatient psychiatry, forensic psychiatry and liaison psychiatry. I also worked on Psychiatric Intensive Care Unit (PICU). I also completed MSc in psychiatric research during this time. My posts were as follows

#### **SpR Liaison Psychiatry/PICU**

01.10.07 –02.09.08

Ladywell Unit University Hospital Lewisham/South London & Maudsley NHS Foundation Trust

#### **SpR inpatient & Community Psychiatry**

01.10.06– 30.09.07

Lloyd Still Ward St Thomas Hospital / South London & Maudsley NHS Foundation Trust

#### **SpR Forensic Psychiatry**

01.10.05 - 30.09.06

Bracton Medium Secure Unit / Oxleas NHS Foundation Trust

#### **SpR Community Psychiatry**

01.04.05 –30.09.05

North-West Southwark CMHT/South London & Maudsley NHS Foundation Trust

## SPECIAL INTEREST EXPERIENCE

### **Lambeth Drug and Alcohol Treatment Services** Marina House 63-65 Denmark Hill, London, SE5 8RZ

April 2005 to September 2005

### **Court Liaison Experience** Greenwich Magistrate Court

October 2005 to September 2006

### **Higher Specialist Training Learning Disabilities Psychiatry London Deanery** Specialist Registrar

October 2004 to March 2005

Greenwich Learning Disabilities Team/Oxleas NHS Foundation Trust

### **Associate Specialist, Assertive Outreach team** 23.02.04–30.09.04

Bromley Assertive community Treatment Team/Oxleas NHS Foundation Trust

### **Specialist Postgraduate Psychiatry Training (Four Years)**

Guys, Kings, St Thomas Hospitals/South Thames Training Scheme (2000 to 2004)

### **Private Sector Experience**

I worked in a low secure psychiatric inpatient unit in the community (Lanes Project Foxley Lane Croydon) from 2010 to 2014. I am currently working in Cygnet Hospital Blackheath managed by Cygnet healthcare.





## ACADEMIC RESPONSIBILITIES

I am Deputy Chair of MRCPsych. Critical Review Exam Writing Panel for The Royal College of Psychiatrist since (I have been a panel member since 2008).

Critical Review Teaching Maudsley MRCPsych Course (4 lectures a year) - 2013 to date.

MRCPsych Exam Critical Review Revision Course (Two courses a year) -2013 to date.

Medical Student Teaching (GKT medical students)

Ex-CESR (Certificate of Eligibility for Specialist Registration) Evaluator of the Royal College of Psychiatrist.

Ex-Educational Supervisor for SIX CT psychiatry trainees London Deanery.

Ex-Educational supervisor of THREE Higher Specialist psychiatry trainees London Deanery.

Ex-Supervisor MSc Mental Health Students of Institute of Psychiatry Kings College London.

Ex-Recruitment Panel Member CT & Higher Specialist Trainees London Deanery/National Interview Panels.

## RESEARCH/PUBLICATIONS

“Switching from oral atypical antipsychotic monotherapy to paliperidone palmitate once-monthly in non-acute patients with schizophrenia: A prospective, open-label, interventional study”- *Psychopharmacology*, DOI 10.1007/s00213-016-4445-0 Accepted 3 September 2016.

“Does adding the Autism Quotient as a screening measure increase cost-effectiveness of a local adult autism diagnostic clinic?”-*Submitted XI Autism-Europe International Congress 2016.*

“Teaching, learning and assessing evidence based psychiatry”-*The Psychiatrist* 2011 35: 192-195

“Psychotic mania induced by the withdrawal of pegylated interferon and ribavirin treatment.”- *British Journal of Hospital medicine* 2009 Apr; 70(4):233.

“6-month, open label, prospective, multicenter, international study of a transition to flexibly dosed paliperidone palmitate in patients with schizophrenia previously unsuccessfully treated with oral or long-acting injectable antipsychotics.”-*Phase 3 drug trial - Principle Investigator 2009.*

“24-month, prospective, randomized, active-controlled, open-label, rater-blinded, international study of the prevention of relapse comparing long-acting injectable paliperidone palmitate to treatment as usual with oral antipsychotics monotherapy in adults with schizophrenia”-*Phase 3 drug trial- Co-investigator 2008.*

“Advance Directive in Medicine and Psychiatry”-*Systematic Review MSc research essay 2006.*



## **REGISTRATION STATUS**

General Medical Council (number 5184442).

Mental Health Act 1983, Section 12(2) Approved Doctor.

Royal College of Psychiatrist Continuing Professional Development Certificate of Good Standing.

Member Medical & Dental Defence Union of Scotland (MDDUS).

CCT (Certificate of completion of Training) in General Adult Psychiatry and Liaison Psychiatry.

Member of Academy of Experts.

## **ROYAL COLLEGE OF PSYCHIATRIST INVOLMENT**

Chair MRCPsych. Critical Review Exam Writing Panel since April 2022 (member since 2008).

Deputy Regional Advisor London Division of Royal College January 2013 to date.

Royal College Assessor consultant selection panels (Advisory Appointment Committee) since September 2014.

CESR (Certificate of Eligibility for Specialist Registration) Evaluator.