



## SPECIALISMS

Asperger's (Diagnosis)  
Addiction  
Anxiety  
Antisocial Behaviour  
Attachment  
Bereavement  
Capacity  
Cognitive Behavioural Therapy  
Depression  
Domestic Violence  
Drug/Alcohol/Substance Misuse  
Eating Disorder  
Mood Disorder  
Munchausen  
Neglect  
OCD  
Pain Management  
Parental Alienation  
Perinatal  
Personality Disorders  
Psychosis  
PTSD  
Sexual Harassment  
Schizophrenia  
Self Harm  
Sex Offenders  
Sexual Abuse Victims  
Suicidal Ideation

## CASE TYPES

Cognitive  
Criminal  
Family  
Fitness to Plead  
Forensic  
Global Family Assessment  
Historic Sexual Abuse  
Personal Injury  
Risk Assessments  
Road Traffic Accident  
Second Opinion  
Testamentary Capacity

## PROFESSIONAL QUALIFICATIONS & EXPERTISE

### AREAS OF EXPERTISE

- Assessment of Adults and Children
- Treatment of Anxiety disorders/Depression and EUPD
- DBT/ CBT
- Psychotherapy
- Medico legal reports
- Capacity assessments
- Personality assessments
- Forensic risk assessments
- Cognitive assessments
- Mental health
- Parenting assessments
- Domestic violence
- Substance misuse and addiction
- Trauma
- Abuse
- Neglect
- Sleep and Behavioural difficulties
- Diagnostic assessments

Consultant Psychologist Chireal Shallow comes with over 25 years' worth of clinical and expert witness experience. She is well regarded and highly sought after, hard working, dedicated and committed to producing quality assessments and reports in a timely manner. She is called upon to work in courts across the UK.

### RELEVANT EXPERIENCE

I undertake independent assessments in a variety of areas and write reports for the courts relating to children and parents or other family members. Over my years of practice, I have worked with civil, family, and criminal court systems. I have worked in both family and criminal cases. I frequently assess children, adults and also global families preparing capacity, cognitive and full reports within private, criminal, and local authority care proceedings.

### REPORTS

I have contributed to well over **1000** independent court assessment reports over the years.

These reports have covered the following areas:

- Private and Public Law assessments of children and adults
- Fitness to Plead/Capacity
- Full psychological assessments
- IQ assessments





## QUALIFICATIONS

- **Forensic MSc 2001 - 2002** University of Surrey, UK
- **Psychology BSc - 1995–1998** University of East London, UK

## FURTHER PROFESSIONAL DEVELOPMENT

- **CBT Postgraduate Diploma 2009- 2010** Royal Holloway UCL, UK
- **DBT training 2010**

## PROFESSIONAL MEMBERSHIPS

- HCPC Membership Number PYL24377
- BPS 40168
- BABCP (Full accreditation)

## RESEARCH, PUBLICATIONS & PRESENTATIONS

- 2002 Forensic update for BPS forensic division
- Analysing the personal and professional dialect when working with sex offenders.

## OTHER RELEVANT INFORMATION

- I have full enhanced DBS clearance
- I hold personal professional indemnity insurance
- I am based in Kent/London and am able to travel for work

## CHRONOLOGICAL WORK HISTORY

**2016-Present** Expert Witness Nationwide

**Consultant Psychologist: Expert Witness**

- Medico legal reports
- Capacity assessments
- Personality assessments
- Forensic risk assessments
- Cognitive assessments
- Mental health
- Parenting assessments
- Domestic violence
- Substance misuse and addiction
- Trauma
- Abuse
- Neglect
- Sleep and Behavioural difficulties
- Diagnostic assessments

50/50 split between working with children and adults.

- CBT
- Family Therapy



## WORK HISTORY CONTINUED

**2015– 2019 Partnerships in Care/Priory Healthcare**

**Consultant Psychologist: Head of Psychology/Psychology Lead**

- Managing two psychology Inpatient/Rehab service departments at The Dene and Pelham Wood

**2004– Present NNSC Sleep Clinic (Private Company South London)**

**Managing Director of Company**

**2012– 2015 Surrey Borders and Partnership NHS Surrey, UK**

**Principal Psychologist: Clinical Service Lead/ DBT Psychotherapist (Band 8b)**

- CBT, DBT
- Client group: Borderline Personality Disorder

**2011– 2012 SLAM NHS Foundation Trust, London, UK**

**Senior Practitioner Psychologist/CBT Psychotherapist (Band 8a)**

- CBT, FAP, DBT, Compassion Focussed therapy

**2009– 2011 South West London and St George's NHS Trust, London, UK**

**High Specialist Practitioner Psychologist/CBT Psychotherapist (Band 7)**

- CBT
- Client groups: Depression and Anxiety

**2008– 2009 NELFT NHS London, UK**

**Highly Specialist Practitioner Psychologist (Band 7)**

- CBT, DBT
- Client group: Borderline Personality Disorder

**2003– 2008 HM Prison Service, Kent, Sussex**

**Forensic Psychologist**

- CBT
- Client Group: Severe Personality Disorder, Violent Offenders, Sexual Offenders

**1998– 2003 National Probation Service, London, UK**

**Forensic Psychologist**

- CBT
- Client group: Low to medium risk offenders

