

## SPECIALISMS

Anxiety  
Bipolar  
Capacity  
Depression  
Drug/Alcohol/Substance Misuse  
Mood Disorder  
OCD  
Perinatal  
Personality Disorders  
Postnatal Depression  
Psychosis  
Schizophrenia  
Self-harm  
Suicidal Ideation

## CASE TYPES

Clinical Negligence  
Coroner's Reports  
Family Proceedings  
Housing  
Immigration & Asylum  
Neuropsychiatric  
Personal Injury  
Risk Assessments  
Second Opinion

## MEDICO LEGAL EXPERIENCE

General Adult Psychiatrist working at a consultant level in NHS for over 20 years with special interest in addictions and dual diagnosis. Researched into and published on mental health aspects of cannabis use. Currently working as a Perinatal Psychiatrist on the Mother and Baby Unit, Bethlem Royal Hospital and as Hon Consultant Neuropsychiatrist at St Georges Hospital.

Wide range of experience of medico legal work with a range of psychiatric problems such as Schizophrenia, Mood disorders and Anxiety disorders. Experience of preparing reports and giving evidence in courts as an expert witness for 15 years. Expertise in doing major investigations for serious untoward incidents and medical performance within the Trust. Areas of expertise as follows:

- Assessment of parents with mental health problems in the context of childcare proceedings
- Medical negligence, Causation, Course and Prognosis
- Brain Injury
- Dual Diagnosis
- Alcohol Dependence
- Schizophrenia
- Bipolar Affective disorder
- Personality Disorders
- Depression and Anxiety disorders

## PROFILE

Consultant Psychiatrist with extensive clinical, senior leadership experience and delivering high quality care with a twenty year record of significant achievements in education, training and management.

## CAREER SUMMARY

- **Consultant Psychiatrist:** Channi Kumar Mother and Baby Unit, Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust, January 2018 - to date
- **Honorary Consultant Neuropsychiatrist,** Neuropsychiatry Clinic, St Georges Hospital London (Special Interest Session), October 2017 to April 2019.
- **Consultant Psychiatrist:** South London and Maudsley NHS Foundation Trust, Assessment Ward (Triage) July 2005 – December 2017
- **Consultant Psychiatrist:** South London and Maudsley NHS Foundation Trust, Community Mental Health Team and Acute Inpatient Ward January 1998 – June 2005
- **Lecturer/Honorary Senior Registrar:** University of Manchester July 1995 – December 1997

## QUALIFICATIONS

FRCPsych	2005	Royal College of Psychiatrists UK
MRCPsych	1993	Royal College of Psychiatrists UK
DMH	1993	Queens University of Belfast UK
DipNBE	1989	National Board of Examinations, India
MD	1988	National Institute of Mental Health, Bangalore India
DPM	1985	National Institute of Mental Health, Bangalore India
MBBS	1982	Andhra Medical College India

## EXPERIENCE:

### Teaching

- Firm Head for Medical Student teaching 1998 - 2004
- Course organiser for MRCPsych Course (Guys Hospital Rotation) 1999 – 2004
- Examiner for Royal College of Psychiatrists 2003 – 2013
- Published a review article, editorial and other articles on OSCE format of the examinations and was the sole editor of the College Publication **“OSCEs in Psychiatry”**
- Education Supervisor Lead for Royal College of Psychiatrists 2009 – 2012
- Education and training Lead, Psychological Medicine Clinical Academic CAG

### Management

- Clinical Director, South London and Maudsley NHS Foundation Trust 2005 – 2010
- Clinical Director, Joint CAG Leader, Psychological Medicine Clinical Academic Group 2010 – 2016
- Clinical Director, Joint CAG Leader, Psychological Medicine and Integrated Care, Clinical Academic Group 2016 – date.

## RESEARCH AND DEVELOPMENT

- MD Thesis: A comparative study of disability and family burden in schizophrenic patients in rural and urban areas., submitted to Bangalore University 1988(Supervisor Professor R S Murthy Head of the Department of Psychiatry NIMHANS Bangalore India)
- Wellcome Research Project: Neuropsychological Evaluation of the effects of Nabilone (A synthetic cannabinoid) in normal Volunteers: (Supervisor Prof Bill Deakin School of Psychiatry and Behavioral Sciences. Manchester)
- Member of the Trust R& D committee since 2014
- Principal Investigator on Guy’s and St Thomas and Maudsley charities bid for £660,000 to develop a homeless team for the mental health component of the Kings Health Partners Team
- One of the Principal Investigators on GSTT charity bid (£2.6 million) to develop a pathway for Medically Unexplained Symptoms with research evaluation.
- Facilitated 2 successful Health Foundation bids on early onset Eating Disorders and Diabetes/integrative care for £500,000 each.
- Reviewer, contributed to Editorial activity for the Journal of Mental Health, Bulletin of The Royal College of Psychiatrists (Education and Training section), Asia Pacific Journal of Psychiatry and International Psychiatry



## **KEY ACCOMPLISHMENTS**

- Improved pass rates on MRCPsych Course from 5 – 65%
- Introduced innovative teaching methods to MRCPsych course
- Rolled out training nationally for Educational Supervisors and Training of Trainers
- Developed speciality specific guidance for General Adult Psychiatry Royal College of Psychiatrists for CESR
- Organised training courses overseas for the Royal College of Psychiatrists
- Lead on integrating the tripartite mission (clinical, Academic and Education and Training) of Academic Health Science Centre for all clinical pathways ([https://www.kingshealthpartners.org/assets/000/002/181/CAGraphics2018\\_printV2\\_original.pdf?1530521927](https://www.kingshealthpartners.org/assets/000/002/181/CAGraphics2018_printV2_original.pdf?1530521927))
- Developed Clinical Outcomes booklets (<https://www.kingshealthpartners.org/clinical-excellence/45-psychological-medicine-and-integrated-care>), <https://www.kingshealthpartners.org/latest/1068-psychological-medicine-clinical-academic-group-publishes-outcomes-book>)
- Set up new service for Homeless team, awarded Royal College Psychiatric Team of the year, KHP 2018
- Lead for Royal College of Psychiatrists on the Independent commission for Acute Inpatient care chaired by Lord Nigel Crisp ([https://www.rcpsych.ac.uk/docs/default-source/improving-care/better-mh-policy/policy/old\\_problems\\_new\\_solutions\\_caapc\\_report\\_england.pdf?sfvrsn=610ebd71\\_2](https://www.rcpsych.ac.uk/docs/default-source/improving-care/better-mh-policy/policy/old_problems_new_solutions_caapc_report_england.pdf?sfvrsn=610ebd71_2))

## **ADDITIONAL RESPONSIBILITIES WITHIN SOUTH LONDON & MAUDSLEY NHS FOUNDATION TRUST**

- Director of Clinical Effectiveness and Audit (1998-1999) Lewisham and Guy's NHS Trust
- Acting Director of Postgraduate Medical Education (November 03 – April 04)

## **NATIONAL ROLES WITH THE ROYAL COLLEGE OF PSYCHIATRISTS**

- Elected executive committee member of the London Division (2006 – 2011)
- Member, Basic Training Specialist Advisory Committee (BTSAC) (2003 – 2005)
- Deputy Convenor South and South West England regions (2003 – 2005)
- Member of Equivalence Committee (2003 -2007)
- South East London Regional Representative for Faculty of General Adult Psychiatry
- Member of the Education, Training and Standards Committee (2006 – 2011)
- Member of the Examinations Subcommittee (2008 - 2012)
- Member of Centre for Advanced Learning Centre International Liaison (2015 – to date)
- National Lead for Acute Inpatient Care (2015 – to date)

## **ROLES WITH OTHER NATIONAL ORGANISATIONS**

- Partner - Post Graduate Medical Education and Training Board (PMETB) - currently with General Medical Council (GMC)
- Member London Strategic Clinical Network (Healthy London Partnership) (2016 – date)
- Member National Collaborating Centre for Mental Health NCCMH Expert reference group Acute Care Access (October 2016- March 2017)
- Member National Collaborating Centre for Mental Health NCCMH Expert reference group on Community Mental Health (2017 -2018)



## SELECTED PUBLICATIONS

- Murthy,S.R, Chatterji,S, Rao,RN. (1989): Evaluation of disability and family burden in schizophrenic patients. Continuing Medical Education Programme, 8, 122-134.
- Chandrashekar,C.R. Ranga Rao.N.. Murthy,R.S:(1992) Families of Chronic Mentally Ill. in Research into Families with Problems.. Tata Institute of Social Sciences Publications,Bombay.
- Rao R, Morriss RK, Michael A: Amitriptyline induced ejaculatory dysfunction reversed by Nefazadone (1998) **Irish Journal of Psychological Medicine; 15(2) 76**
- Rao R (2001) Cannabis – some psychiatric effects (2001). **Primary care Psychiatry 7 (3) 101-106**
- Wallace J, Rao R and Haslam R Simulated patients and OSCEs: A review of their use in Medical Education (2002) **Advances in Psychiatric Treatment, 8, 342-350**
- Rao R (2003) Cannabis and Psychosis chapter in OSCEs and Psychiatry. A Michael (Editor) **Elsevier Science Publications**
- Pryde I, Sachar A, Young S, Hukin A, Davies T and Rao R (2005) Organising a mock OSCE for the MRCPsych Part I examination. **Psychiatric Bulletin 29: 67-70**
- Whelan, P, Woolcock C, Church, L & Rao R (2009) Goodbye to OSCE and welcome to CASC. **Psychiatric Bulletin, 33: 149 – 153**
- McMullen I, Checinski K, Halliwell S, Maier M, Raji O, Rands D, and Rao R. (2013) Peer observation in simulated CASC events and its effects on learning. **Psychiatrist, 37:111-115**
- Michael A, Rao R, and Goel V (2013) The long case: a case for revival? Editorial. **Psychiatrist 37:377-381.**
- Debelle A, Dashwood M, Bird L, Rao R, et al (2017) Improving handover between triage and locality wards in a large mental health trust **BMJ Open Qual**

## BOOKS EDITED

Rao R **OSCEs in Psychiatry** Gaskell Publications 2005

