



SPECIALISMS

Addiction
Antisocial Behaviour
Anxiety
Bereavement
Bipolar
Capacity
Chronic Pain
Cultural Diversity
Custody
Depression
Domestic Violence
Drug/Alcohol/Substance Misuse
Fabricated Illness
Mood Disorder
Munchausen
Neglect
Non-Accidental Injury
OCD
Personality Disorders
Postnatal Depression
Psychosis
Psychosomatic
PTSD
Risk
Schizophrenia
Self Harm
Sex Offenders
Sexual Abuse Victims
Sexual Harassment
Suicidal Ideation
Tourette's
Trafficking
Trauma
Victims of Torture

CASE TYPES

Clinical Negligence
Coroner's Reports
Criminal
Disability Discrimination
Employment Tribunal
Family
Fitness to Plead
Forensic
Litigation Capacity
Personal Injury
Risk Assessments
Road Traffic Accidents
Second Opinion
Testamentary Capacity

Full GMC Registration: 3370544
Section 12 Approved
MB.BS; Dip Criminol; M.Phil; FRCPsych

FORENSIC PSYCHIATRY

My career in Forensic Psychiatry from 1988 has entailed regular assessments and management of risks .

MEDICO-LEGAL EXPERIENCE

My medico-legal work experience dates back to 1987 as a trainee. Since my appointment as a Consultant in 1993, I have prepared numerous reports for :

Employment Tribunals: Cases of possible wrongful dismissal/litigation against the employer, both in industry and the professions;

Criminal: Courts, defence and prosecution/plaintiff/claimant, in criminal and civil cases.

Civil: These have included compensation cases, clinical negligence, personal injury, trauma assessing the psychological impact. I have also done reports for immigration cases, using the Istanbul Protocol.

Capacity: Capacity and fitness to plead

Family Proceedings: Family proceedings, including the Court of Appeal. I have assessed parents either individually or as couples for child care cases, addressing **issues of risks**, in particular, dealing with **non-accidental injury** cases and **risk assessment** of parents.

Volume of cases: At least 100 per year; majority joint instructions.

Expertise: My cases have involved diagnoses of various types of mental illness and **personality disorder**, including **Post Traumatic Stress Disorder (PTSD)**, issues concerning the **use of illicit drugs and alcohol**, and **serious violent offences**. In child care cases, I have regularly addressed the consequent impact of these on parenting and the effects on children, including the **capacity** of parents to respond to treatment. This has involved liaising with other experts on several occasions.

I have assessed Armed Police Officer and Military Personnel who required Psychiatric Assessments including giving evidence in a military court martial in Germany.





OTHER LANGUAGES SPOKEN: Yoruba

QUALIFICATIONS

- Bachelor of Medicine and Surgery (MB.BS) (1980)
Benin, Nigeria – State Scholar
- Diploma in Criminology (Dip Criminol) (1991) London
- Master of Philosophy in Psychiatry (MPhil) (1993)
Edinburgh – Commonwealth Scholar
- Member of the Royal College of Psychiatrists, UK (MRCPsych.) (1987)
- Fellow of the Royal College of Psychiatrists, UK (FRCPsych.) (2004)
- Approved under Section 12(2) of the Mental Health Act 1983 as amended by the Mental Health Act 2007
- Approved Clinician under the Mental Health Act 2007

EXPERIENCE

- My Master of Philosophy in Psychiatry thesis was a 10 year retrospective study of bipolar manic-depressive illness in a cohort of patients at the Royal Edinburgh Hospital. Admissions and re-admissions of this group of patients were reviewed to see if there was a difference in outcome with regards to gender, age at onset, a primary diagnosis of depression or mania and any features of first illness associated with later suicide.
- My Diploma in Criminology project was a review of pathological jealousy with particular reference to mental disorder and the law.
- Currently Responsible Officer, East London NHS Foundation Trust. I have been working in the Trust from 1st May 2007. Appointed Responsible Officer in February 2011, responsible for the Revalidation of doctors with the General Medical Council (UK). I was Deputy Medical Director from 1st May 2007 to 31st January 2018.
- Senior Policy Advisor to the Department of Health from 1st May 2007 to 30th April 2008. It was a secondment for one year, working with Professor Louis Appleby, then National Clinical Director for Mental Health, at the Department of Health, to provide national leadership role and advice on various policies being prepared by the Department. At the Department, I was a member of the Care Programme Approach Review Advisory Group, that wrote the “Refocusing Care Programme Approach” policy, and led on the sub-group titled “Tackling Bureaucracy”. The aim of the group was to consider responses to the Tackling Bureaucracy section of the review of the Care Programme Approach 2006, and to make recommendations for response, activities and development. These included: 1. Guidance on documentation (with good practice examples). 2. Recommendations on combining/simplifying information collection. 3. Better use of IT systems. 4. Ideas and identification of sites, to pilot recommendations. The Tackling Bureaucracy Sub-Group wrote the demographic details now collected on patients contained in the policy. The “Refocusing the Care Programme Approach” guidance was published by the Department of Health in March 2008. I was also a member of the work-stream looking at standardising clinical practice across medium secure units nationally.





- Medical Director, South West London & St George's Mental Health Services NHS Trust, from 1st July 2002 to 30th April 2007.
- Clinical Director, Forensic Mental Health Services, South West London & St George's Mental Health Services NHS Trust, Springfield University Hospital, London, from 1st June 1998 to 31st August 2002.
- Consultant and Honorary Senior Lecturer in Forensic Psychiatry, South West London & St George's Mental Health NHS Trust, Springfield Hospital and St George's, University of London, from 1st January 1993 to 30th April 2007.
- The honorary post of Senior Lecturer of St George's, University of London carried with it bestowal of the title Teacher of the University of London.
- Visiting Consultant Forensic Psychiatrist to HM Prison High Down from 1993 to July 2004, and HMP Wandsworth from 1993 to November 2007.
- Training Programme Director for the Specialist Registrars Training Scheme in Forensic Psychiatry, South (West) Thames Training Scheme in Forensic Psychiatry from September 1995 to October 1999.
- Royal College of Psychiatrists recognised Specialty Tutor for the South (West) Thames Region from April 1997 to April 2007.
- The Royal College of Psychiatrists representative in Forensic Psychiatry, for the South (West) Thames Region from August 1997 to April 2007.
- Member of the Royal College of Psychiatrists (UK) Board of Examiners for the MRCPsych from October 1999 to date.
- Medical member of the Woodley Team, November 1994 to September 1995. The Independent Review Panel commissioned by the then East London and the City Health Authority, and Newham Council, following a homicide on 27/07/94 by a person suffering with a severe mental illness.
- Medical member of the Panel appointed by the then Mid-Essex Community and Mental Health NHS Trust, from January to June 1997, to investigate and make recommendations to the Trust Board on a serious incident that occurred within the Trust.
- Forensic Psychiatry representative on the South (West) Thames and then South Thames Region Health Authority Mental Health Act 1983 Section 12(2) Panel from 1st June 1993. I have continued as a representative on the same panel for the London Regional Health Authority from January 2000 to date. From 2008, I have continued on the new Section 12(2) and Approved Clinician Panel, as amended by the Mental Health Act 2007.
- Member of the Trust Executive of the South West London & St George's Mental Health NHS Trust as Clinical Director, then Medical Director from 1st June 1998, to July 2005, functions taken over by the Trust Performance Group from 10th August 2005 to April 2007.
- Medical member of the panel commissioned by the then Northamptonshire Health Authority and Northamptonshire Social Services which carried out an Independent Inquiry into the care and treatment of Wayne Licorish from October 1998 to April 1999 following a homicide on 16/01/97.
- Medical member of the Independent Review Panel commissioned by the then Birmingham Health Authority which carried out an Independent Inquiry into the care and treatment of David Johnson following a homicide on 17/08/97, from July 1999 to January 2000.





- Medical member of the Independent Review Panel commissioned by the then Birmingham Health Authority which carried out an Independent Inquiry into the care and treatment of Arshad Mahmood following a homicide on 25/09/97, from January to July 2000.
- Member of the Parole Board for England and Wales from 1st July 2000 to 30th August 2003. The Board carries out risk assessments to inform decisions on the early release of prisoners with the ultimate aim of protecting the public.
- Invited to give the perspective of a forensic psychiatrist on reviewing medical records for harmful information, to the Health Records and Data Protection Review Group. The group reported to Health Ministers and the Information Commissioner in the Summer of 2003.
- Examiner of Sick Doctors/Practitioners for the General Dental Council from January 2003.
- Involved in the planning of the Metropolitan Police training seminar on Police and Critical Incidents, particularly those involving hostage, siege and firearms officers, from 12th March 2003. The seminar provided an overview of mental health issues to consider at the scene of firearms incidents, explored professional guidance and support available, and how to access it. I presented an overview of common mental disorders and their symptoms, and the likely effect of police tactics on people with mental ill health in London, on 11th June 2003 and 25th June 2003. I also gave the same lecture to firearms officers involved in similar situations nationally, at the National Crime and Operations Faculty, Centrex, Bramshill, Hook, Hampshire, on 01/04/04.
- The Medical Director appointment was an Executive Board level position, with a responsibility for providing high quality clinical advice and support to the Board, to enable the Trust to meet its aims and objectives. The duties included providing leadership to the medical profession within the Trust, to promote best clinical practice, to support and ensure effective development, delivery and management of clinical services.
- South West London and St George's Mental Health NHS Trust Board lead on child protection and I chaired the Safeguarding Children Working Group monthly meetings, from August 2003 to October 2005. The tasks included overseeing the implementation of the Trust Laming Report Action Plan, ensuring that the Trust had in place structures and processes to support compliance with the Laming Report recommendations.
- Attended the Child Protection Awareness Training provided by Partnerships in Action Limited, commissioned by the South West London & St George's Mental Health NHS Trust, on 9th October 2003.
- Member of the South West London and St George's Mental Health NHS Trust Governance Committee, chaired by a Non-executive Director and the Chief Executive. A sub-committee of the Trust Board that met monthly. The aim of the committee was to support the delivery of service excellence through the establishment of robust governance at all levels of the organisation, from September 2003 to April 2007.
- South West London and St George's Mental Health NHS Trust Lead for critical incidents from 1st July 2002 to 30th April 2007. I met weekly with the Chief Nurse and the Critical Incident Manager, to discuss reports prepared on critical incidents and review the recommendations. A decision was then taken as to whether it went on to the next stage of critical incident inquiry.



- South West London and St George's Mental Health NHS Trust Board Lead for the Implementation of the National Institute of Clinical Excellence (NICE) Guidance and Technology Appraisals from 1st July 2002 to 30th April 2007.
- South West London and St George's Mental Health NHS Trust Caldicott Guardian from 1st June 2004 to 30th April 2007. The Guardian's key responsibilities are to oversee how staff use personal health information and ensure that patients' rights to confidentiality are respected.
- Appointed to the Governing Body of an Independent School in Surrey, at the Board Meeting on 27th June 2005. A school Governor is also a Trustee and a Director of the School's Education Trust. I was, therefore, involved in regular decisions about the welfare and care of children. Resigned on 21st November 2011.
- Appointed to the Board of International Affairs of the Royal College of Psychiatrists in June 2006 and became Deputy Director of the Board on 6th September 2007. The remit of the Board are to raise awareness of international psychiatry, to map, co-ordinate, encourage and focus on current college international activities as a basis for appropriate expansion in the future, to advise the College on international affairs and to support the College members working in other countries. The Board was re-constituted by the College to the International Advisory Committee in July 2009. Appointed Vice-Chair of the re-constituted Committee from 29th January 2010 to 19th September 2014.
- Appointed Visiting Fellow, World Health Organisation Collaborating Centre for Research and Training in Mental Health, Institute of Psychiatry, London, from 1st September 2006 to 2010.
- Appointed a Medical Assessor to the Royal Pharmaceutical Society of Great Britain from September 6th 2006 to date, now the General Pharmaceutical Council. The Medical Assessor examines registrants and prepares comprehensive written medical reports indicating an opinion regarding a registrant's fitness to practice and any recommendations about the management of the case.
- Appointed Chair of Volunteers' Programme Sub-Committee of the Board of International Affairs of the Royal College of Psychiatrists in June 2007. Since its conception in September 2001, the Board of International Affairs has been working towards setting up a framework that would facilitate a structured and co-ordinated programme, which is tailored towards meeting the needs of middle and low income countries, who are known to suffer either from an acute shortage of psychiatrists or a skills gap. The Volunteers' scheme, also offers an opportunity to establish out of programme placements for trainees. These will be eligible for approval for up to one year of higher training. It is hoped that a placement offers an affiliation or formal attachment to a University Department, a Hospital, or the Ministry of Health. The Volunteers' Programme Sub-Committee became a Sub-Committee of the International Advisory Committee from 29th January 2010 and I continued to co-lead on the Programme until 19th September 2014.
- Invited by the Egyptian Ministry of Health & Population, in collaboration with the Ministry of Foreign Affairs, Finland, in a Mental Health Programme in Egypt, to advise on Forensic Psychiatry Guidelines and Standards, in the provision of Mental Health Care. In Egypt from 21st October to 2nd November 07.
- Appointed External Clinical Assessor/Adviser to the Parliamentary & Health Service Ombudsman from 13th March 2008, and Associate Clinical Adviser from 1st October 2008 to 12th April 2013. The Ombudsman provides independent investigation of complaints about the NHS. The Ombudsman is accountable to Parliament and is completely independent of the NHS and the Government. The Parliamentary Select Committee on Public Administration oversees the work.



- Appointed East London NHS Foundation Trust Named Doctor and Clinical Lead for Safeguarding Children from 23rd July 2008 to 31st January 2018. The Named doctor works closely with the Associate Director for Safeguarding Children and other team members in supporting all activities necessary to ensure that the Trust meets its responsibilities in safeguarding children. The clinical role includes working with families where there are child protection issues, including all aspects of child abuse and neglect. Also supporting and advising other professionals in the management of more complex cases of child abuse, and advising on the gathering and interpretation of evidence in child protection. Other duties include participating in the Local Safeguarding Children Board activities, like sitting on the sub-groups and carrying out Serious Case Reviews.
- Invited by the Arab Board Examinations in Psychiatry, to run an Examination Workshop, in Damascus, Syria, on behalf of the Royal College of Psychiatrists, with another Fellow of the College, from 1st-2nd March 2009.
- Appointed Advisor to the World Health Organisation, Mental Health Policy and Service Development, Department of Mental Health and Substance Abuse, Geneva, in April 2009, providing technical support to low income countries.
- Attended the East London NHS Foundation Trust Safeguarding Children Level 2 Training on 18th June 2009. The training aims to provide greater knowledge of legislation and guidance. It is intended that after the sessions, participants will be able to demonstrate knowledge of legislation and guidance, definitions of child abuse and parenting capacity, and the London Child Protection Procedures and role of mental health professionals.
- Invited by the Egyptian Ministry of Health & Population to advise on Forensic Psychiatry Training. I lectured on The Scope of Forensic Psychiatry. I also ran workshops on Risk Assessment & Management, and Training & Quality Assurance, from 22nd November to 25th November 2009.
- Attended the East London NHS Foundation Trust Safeguarding Children Level 3 Training on 1st December 2009. The training aims to provide knowledge of national policy and procedures that relate to Safeguarding Children and to understand the implications for practice. To understand multiagency frameworks and child protection assessment processes, including the use of the Common Assessment Framework. It provides guidance on the assessment of risk and harm, how to instigate measures to reduce the risk of child abuse occurring and how to document safeguarding concerns, differentiating between fact and opinion. The training also provides an awareness of the role and remit of the Local Safeguarding Children Board.
- Attended the Refocusing the Care Programme Approach – Supporting the Workforce, CPA Launch 2010 in Brighton on 2nd February 2010, organised by the Centre for Clinical and Academic Workforce Innovation, University of Lincoln.
- Attended the National Conference on Safeguarding Children & Young People for Named & Designated Safeguarding Health Professionals, “One Year on from Laming” in Leicester on 11th March 2010, organised by the Department of Health.
- Appointed Chair of the East London NHS Foundation Trust Physical Health Strategy Group from February 2009 to 2014.
- Appointed Chair of the East London NHS Foundation Trust Domestic Violence Implementation Strategy Group from April 2010 to 2014.





- Appointed Temporary Adviser to the World Health Organisation for the Third Meeting of the WHO Pacific Islands Mental Health Network Conference from 15th – 17th June 2011, in Sydney, Australia where I lectured on the Royal College of Psychiatrists Volunteer Programme.
- Chair of the Royal College of Psychiatrists Volunteering and International Psychiatry Special Interests Group from 22nd June 2011 to 30th June 2013.
- Appointed NHS England (London) Regional Appraiser for Annual Medical Appraisal and Revalidation of Responsible Officers by the General Medical Council (GMC) from 7th June 2012 to date.
- Attended an Update for Designated and Named Professionals – Level 4, by Health Safeguarding Ltd – Safeguarding Children & Protecting Adults on 19th November 2012.
- Attended an Update for Named and Designated Professionals in Health – Level 4 by Health Safeguarding on 12th November 2013.
- Appointed to the list of Expert Witnesses who can be instructed by the General Medical Council (UK) from 3rd March 2014 to date.
- Appointed Medical Appraiser for the Department of Health Senior Medical Officers and Responsible Officers connected to the Chief Medical Officer on 13th May 2014, in accordance with the General Medical Council (UK), encompassing their whole scope of practise.
- Member of the General Medical Council (UK) Responsible Officer Reference Group from September 2014 to date.
- Attended an Update for Safeguarding Levels 4 and 5 Child Protection for Named and Designated Professionals on 11th November 2014.
- Attended John Howard Centre, East London NHS Foundation Trust On Call Training and Police Table Top Exercise on 19th February 2016.
- Attended an Update for Safeguarding Levels 4 and 5 Child Protection for Named and Designated Professionals on 8th November 2016.
- Attended the Update for Safeguarding Levels 4 and 5 Child Protection for Named and Designated Professionals on 7th November 2017.
- Attended an update for Safeguarding Adults Levels 3 on 14th October 2019.
- Attended an update for Safeguarding Children Levels 3 on 7th December 2021.
- Attended East London NHS Foundation Trust Safeguarding Adult Level 3 Refresher Course on 12th May 2023 and read further documentation provided on-line on 12th June 2023.
- East London NHS Foundation Trust Medical Update for Psychiatrists on 12th May 2023.
- Attended East London HNS Foundation Trust Patient Safety Incident Response Framework (PSIRF) One Day Training on 12th September 2023.
- Royal College of Psychiatrists Approved Clinician Course 5th June and 14th June 2023.
- East London NHS Foundation Maintaining High Professional Standards Training on 20th November 2023.
- Attended East London NHS Foundation Trust PSIRF Oversight One day Training 7th December 2023.