

SPECIALISMS

ADHD (Diagnosis)
ADD (Diagnosis)
ADHD
ASD
ADD
Asperger's
Addiction
Antisocial Behaviour
Anxiety
Attachment
Bereavement
Bipolar
Capacity
Cognitive Behavioural Therapy
Custody
Dementia
Depression
Domestic Violence
Learning Disabilities
Mood Disorder
Neglect
Non-Accidental Injury
OCD
Paedophilia
Personality Disorders
Postnatal Depression
Psychosexual
Psychosis
PTSD
Risk
Schizophrenia
Self Harm
Sex Offenders
Sexual Abuse Victims
Sexual Harassment
Suicidal Ideation
Trauma
Victims of Torture

CASE TYPES

ADHD
ASD
Cognitive
Criminal
Family Proceedings
Fitness to Plead
Forensic
Historic Sexual Abuse
Immigration & Asylum
Litigation Capacity
Neuropsychological
Risk Assessments
Testamentary Capacity

MEDICO-LEGAL AND EXPERT WITNESS EXPERIENCE

I have been working privately as an independent Expert Witness for two years. I have completed medico-legal reports for the purposes of **prison Parole Board Oral Hearings, criminal law, family proceedings, Child Protection & immigration law**. I have worked with translators in a number of these cases.

I am experienced in using **psychometric measures & actuarial risk assessment** tools as well as clinical interview when assessing individuals for **personality disorders, psychopathic personality, cognitive difficulties, intellectual impairment, attachment style, ADHD, complex trauma, psychiatric diagnoses and histories of abuse or neglect**.

My clinical expertise lies in **Dialectical Behaviour Therapy, Narrative Therapy** and **Cognitive Behavioural Therapy** when conducting therapy with individuals or in groups. I have also recently started incorporating **family interventions** into my clinical work and have experience of working with multi-stressed families where one or more of the family have been diagnosed with **psychosis**.

My written reports are of a very high standard and I produce informative, comprehensive reports in a timely manner. I welcome instructions from solicitors and appearing in court in the capacity of expert witness. I am experienced in conducting the following assessments:

- Full psychological assessment of people with **offending histories** both **pre and post-sentencing** including **risk** of both **violent and sexual offending, cognitive and intellectual ability, personality disorder and psychopathic personality, psychological formulation, offending behaviour & malingering**.
- Comprehensive risk assessment including to self and others, **future offending (recidivism), domestic violence and capacity to parent**. This includes liaising with relevant professionals including solicitors, social workers and the police.
- Assessment, including suitability for treatment, of those with personality disorder and **psychopathic personality**.
- Assessment, including suitability for treatment, of those with **Autistic Spectrum Disorder**.
- The **impact of psychological, cognitive and personality difficulties on ability to parent**.
- Assessment and treatment of people (both individually & in groups) with **major mental disorder, personality disorders, comorbid diagnoses, eating disorders, anxiety and/or anger management issues & histories of substance misuse**.
- Assessment of mental and intellectual capacity, including **suggestibility and fitness to plead or stand trial**.
- Assessments and treatment of those who **self-harm** or are at **risk of suicidal behaviour**.
- **Supervision** of trainee and assistant psychologists and provision of training to multidisciplinary staff members.
- **Assessment of risk for those subject to immigration law**.

ACADEMIC QUALIFICATIONS

Doctorate in Forensic Psychology University of Surrey (2012)
Masters in Forensic Psychology University of Kent (2002)
BSc Psychology (Hons) 2:1 University of Essex (2000)

PROFESSIONAL QUALIFICATIONS AND MEMBERSHIP

Chartered Psychologist and Associate Fellow, British Psychological Society
Full Member of the Division of Forensic Psychology
Registered Practitioner Psychologist, Health Care Professions Council (PYL 30454)

EMPLOYMENT HISTORY

Present **Sussex Partnership NHS Foundation Trust, Secure and Forensic Services**

Applied Psychologist, Band 8a

I am senior psychologist on a male low secure unit at the Hellingly Centre. My role involves attending recovery reviews and CPA meetings on a weekly basis, assessment of new admissions, risk assessments (including HCRv3, PCL-SV, RSVP, CAPP, SARA, START, VRS-SO), development of risk management plans and individual treatment (including complex case formulations). Individual treatment tends to focus on offence analysis, risk assessment, dialectical behaviour therapy, substance misuse and cognitive assessment. I currently run a ward-based mindfulness group and a hospital-wide aggression management group, attended by male and female patients. I facilitate reflective practice groups for ward staff and currently supervise an assistant psychologist and a psychology intern. More recently I have been invited as a guest lecturer at Brighton University.

2012 - 2013 **The Priory – Ticehurst House**

Dialectical Behaviour Therapist

The main function of my role at Ticehurst House was to identify and deliver appropriate and relevant treatment in order to promote and develop the mental, emotional and social wellbeing of clients. Additionally I liaised with the families and carers of those in our care. I worked within Child and Adolescent Mental Health Services seeing both inpatients and outpatients for Dialectical Behaviour Therapy, individually and in groups. I attended ward rounds, risk management meetings and CPAs and completed written reports for these. I ran weekly mindfulness groups on the adolescent units. I attended community meetings with staff and patients on both the high dependency unit and the tier 4 unit.

2008 – 2012 **Partnerships in Care – The Dene**

Assistant Psychologist

Whilst employed at The Dene, a medium secure unit, I was responsible for conducting initial psychological assessments with newly admitted patients, writing therapy progress reports, attending multi-disciplinary team meetings and CPAs. I facilitated CBT groups for anxiety management and substance misuse. Following my qualification in DBT I worked individually with patients and taught the skills training group. I attended the weekly consultation team as well as reflective practice and clinical supervision. I conducted a weekly psychology drop-in clinic and a psychotherapeutic community meeting on the personality disordered patients' ward. My role also included conducting risk assessments for violence (HCR20).



2005 - 2012 **University of Surrey / HMP Dovegate**

PhD Student

My thesis aimed to evaluate the effectiveness of treatment within a therapeutic community for male personality disordered offenders. I assessed prisoners using the Structured Clinical Interview for DSM-IV personality disorders; administered and analysed the results of a battery of ten psychometric questionnaires. As a result of my research I have been commissioned by Palgrave Macmillan to publish a book, due to be published mid-2014.

2007 – 2008 **Insight Conferences**

Guest Professional Lecturer

I was employed on a freelance basis by Insight Conferences as a guest professional lecturer. These conferences were provided for A-Level students from schools throughout the country. Audiences contained between 150 - 1000 students. Lecture titles included: "Female Offenders"; "Psychopathy" and "A day in the life of a Forensic Psychologist".

2002 – 2004 **Centre for the Economics of Mental Health, Institute of Psychiatry**

Research Worker

My role was the day-to-day management of a project studying prescribing patterns for erectile dysfunction. This included collection, collation, analysis and dissemination of results. I recruited 155 patients from urology and psychosexual clinics in London, thereby utilising my interpersonal skills. I had access to patient case notes and gained important experience of working with a vulnerable population and sensitive material. Furthermore, I managed a Delphi panel consisting of experts from the fields of psychiatry, urology and general practice.

ADDITIONAL PROFESSIONAL TRAINING

2016 – Use of the Comprehensive Assessment for Psychopathic Personality (CAPP)

2015 – Family Interventions, University of Surrey

2013 – Critical Incident Stress Management (Debriefing) training, NHS.

2013 - HCR-V3 training, Critical Incident Stress Management training.

2012 - The Psychology of Sexual Violence, British Psychological Society.

2011 - Applied Suicide Intervention Skills Training (ASIST).

2011 - Dialectical Behaviour Therapy training, British Isles.

2011 - Enhanced Forensic Skills Parts I and II, Partnerships in Care.

2011 - Introduction to Managing Personality Disorders, Partnerships in Care.

PUBLICATIONS

Northey S. Prescribing of Sildenafil (Viagra) in high income countries. *Mental Health Research Review* 2003, Number 9, p. 21.

Werneke U, Knapp M, & **Northey S.** Sildenafil prescribing in patients with psychological distress. *The Journal of Mental Health Policy and Economics* 2003 Volume 6, Supplement 1, S49. [Abstract].

Werneke U, **Northey S**, Knapp M, Bhugra D, Crowe M & Smith S. (2005). Prescribing for erectile dysfunction: a Delphi based consensus study. *Sexual and Relationship Therapy*, 20(2), 181-194.

Werneke U, **Northey S** & Bhugra, D. (2006). Antidepressants and sexual dysfunction. *Acta Psychiatrica Scandinavica*, 114(6), 384-397.

Brown J, Miller S, **Northey S** & O'Neill D. (2014). What Works In Therapeutic Prisons: Evaluating Psychological Change in Dovegate Therapeutic Community. Palgrave Macmillan.