



SPECIALISMS

ADHD (Diagnosis)
ASD (Diagnosis)
ADD (Diagnosis)
Asperger's (Diagnosis)
ADHD
ASD
ADD
Asperger's
Anxiety
Attachment
Antisocial Behaviour
Bereavement
Capacity
Chronic Pain
Cognitive Behavioural Therapy
Cultural Diversity
Depression
Domestic Violence
Eating Disorder
Fabricated Illness
Historic Sex Abuse
Learning Difficulties
Learning Disabilities
Mentalization Based Therapy
Mood Disorder
OCD
Personality Disorders
Postnatal Depression
Psychosis
PTSD
Tourette's
Trauma

CASE TYPES

ADHD
ASD
Clinical Negligence
Cognitive
Criminal
Disability Discrimination
Educational
Employment Tribunal
Family Proceedings
Fitness to Plead
Historic Sexual Abuse
Housing
Litigation Capacity
Neuropsychological
Occupational Health
Personal Injury
Road Traffic Accident
Personal Injury

MEDICO-LEGAL EXPERTISE

I am a Chartered Clinical Psychologist and manage a private practice of which this report forms a part.

I work with clients, **both adults and children**, experiencing **depression, anxiety disorders including obsessive compulsive disorder and post-traumatic stress disorder**.

I have experience assessing **children, adolescents and, adults** with a range of psychological disorders including **post-traumatic stress, personality disorders, challenging behaviours, impaired intellectual abilities**, and various **neuropsychological presentations**.

Sample of Legal work conducted in private practice:

Case versus secretary of state in twin child contaminated with HIV at birth due to alleged inappropriate "Ventouse" delivery twin sister HIV negative. Involved comparative Intelligence testing of both twins (WISC-IV, WIAT-II) and measure of existing mood utilising Beck Youth Inventories (BYI-II). Responsibility admitted ongoing discussion re compensation level.

Specialisation in medical negligence claims following cosmetic procedures.

Cases related to child custody and mental health of parent applicant utilising scientifically validated psychometric measures.

Numerous cases relating to accidents including car, workplace and medical negligence including iatrogenic injury.

Work for courts relating to cases of immigration to the United Kingdom and potential threat of harm in return to native country. Asylum cases.

Fitness to plead assessments.

Work for courts relating to PTSD and general psychological injury.

Assessments of autism spectrum disorder in adults and children.

Parenting and Family assessments relating to custody of child including intelligence testing of mother and mental capacity. Case resolved in mother's favour.

Personality assessments including Millon Multiaxial Clinical Inventory (3rd edition) (MCMI-III) in determining therapeutic recommendations and outcome for those with borderline, narcissistic and paranoid personalities etc. Used in accounting for sentencing at court.

Wechsler Adult Intelligence Scale (WAIS-IV) and assessment in parental custody case relating to location of child's residence.





Preparation of joint reports with psychiatrists in relation to personal injury claims and completion of Part 35 questions and judge's instructions.

Psychological reports for return to work via occupational health for organisations.

Psychological reports for insurance companies relating to therapeutic process, progress and prognosis.

PROFESSIONAL QUALIFICATIONS

MA CPsychol, Mgr, University of Warsaw

BPS Statement of Equivalence Status

MA CPsychol, Chartered Clinical Psychologist AFBPsS

MEMBERSHIP OF PROFESSIONAL BODIES

The British Psychological Society (BPS)

Chartered Clinical Psychologist

Full Member of the Division of Clinical Psychology

Associate Fellow of the Society AFBPsS

Register of Applied Psychology Practice Supervisors RAPPS

The Polish Psychological Society (PSP)

Chartered Clinical Psychologist

Full Member of "The Society"

The Health Professionals Council HCPC

Full membership

Recognised Provider in the field of Psychology for main Medical Insurance companies (Bupa, Bupa Global, PruHealth, AXA PPP, Cigna, SimplyHealth etc).

SUMMARY OF CURRENT EMPLOYMENT

I currently work in the NHS and also maintain a private practice treating patients with a variety of psychological conditions. I engage in the provision of medico-legal reports, family assessments and personality assessment (see below). I have been instructed and acted for both the defendant and prosecution solicitors on a more or less equal basis.

NHS - EMPLOYMENT

2011- 2018 - CHARTERED SENIOR CLINICAL PSYCHOLOGIST

SURREY AND BORDERS NHS TRUST— RUNNYMEDE CMHRS

- Provision of full community psychology service working closely with the "B" Grade Psychologist within the CMHRS, using brief therapy and serious mental health problems care pathways.
- Provision of advice, support, consultancy and teaching in the promotion of the most effective evidence based methods in mental health to members of the CMHRS.
- Working with managers and clinicians to help develop the "new model of service" for the CMHRSs.





2008-2011 - CHARTERED CLINICAL PSYCHOLOGIST

SURREY AND BORDERS NHS TRUST — EPSOM, EWELL & BANSTEAD PCMHT

- Provision of full community psychology service working closely with the “B” Grade Psychologist within the PCMHT and using brief therapy and serious mental health problems care pathways.
- Provision of advice, support, consultancy and teaching in promotion of the most effective evidence based methods in mental health to members of the PCMHT.
- Working with managers and clinicians to help develop “the new model of service” for the PCMHT’s.

2008-2015 - CHARTERED CLINICAL PSYCHOLOGIST

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- Provision of psychological treatment to clients with mental health problems on one-to-one basis.
- Leading groups for clients with mental health problems.

OTHER PROFESSIONAL EXPERIENCE

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| 2016 – 2018 | Leading ACT, Mindfulness for Depression, Mindfulness for Psychosis, CBT for OCD groups. |
| 2016 | Presentation on ‘Psychological Interventions for Psychosis’ to staff of CMHRS Runnymede |
| 2016 | Interviewing for Psychologist Band 7 and Assistant Psychologist posts. |
| 2016 | Teaching on PD Intervention and Formulation to staff. |
| 2016 – 2018 | Setting up and leading monthly “Family Intervention for Psychosis Supervision group” |
| 2015 – 2018 | Presentations on Recovery principles at monthly Staff Induction Training. |
| 2014 – 2016 | Chairing Recovery Working Group in NHS Trust to implement recovery principles. |
| 2011 - 2012 | Organising various CPD presentations for the Team at CMHRS |
| 2008 – 2018 | Clinical Supervision of Mental Health Practitioners within the team. |
| 2008 | Organising and teaching presentations: CBT Formulation, CBT for PTSD & CBT for Panic Disorder – CPD events. |
| 2008 – 2018 | Supervision of Trainees from the Clinical Psychology Doctorate course of the University of Surrey |
| 2007 | Organising/leading a Systemic Family Therapy Group for staff in the SABP NHS Trust. |
| 2007 | Organising Narrative Forum - CPD event in SABP. |
| 2005 | Presentation of own clinical intervention with the client (CBT for Depression) to the Psychology Department SABP NHS Trust. |
| 2003 | Leading a Self-Esteem Group. |
| 1999 | Interviewing for a Psychology posts at “Refuge”. |
| 1998 – 1999 | Supervision of Psychology Assistants at “Refuge”. |
| 1998 | Organising and teaching courses on PTSD. |
| 1995 – 2000 | Organising and leading Women’s Group for women escaping domestic violence. |
| 1995 | Co-leading group therapy for children with speech delay / disorders. |



SERVICE DEVELOPMENT

- 2016** Setting up Family Intervention in Psychosis Supervision for clinicians involved in working with families
- 2014** Setting up Service User's Focus Group.
- 2013** Setting up and running Mindfulness sessions for the staff at Runnymede CMHRS as a way to improve staff well-being.
- 2011 – 2018** Leading various groups for service users such as Mindfulness for Psychosis, Mindfulness for Depression, CBT for Anxiety, OCD Group, CBT Skills Group, ACT Group.
- 2011 – 2018** Involvement in the Recovery Working Group to facilitate Recovery process embodiment Within the Trust.
- 2008** Working towards development of the DBT provision for clients with Personality Disorders within the Mid Surrey part of the Trust.
- 2007** Service Development of Family Therapy Consultation Services in Tandridge SAPB NHS Trust.
- 1995–1998** Co-work in the development of Children's Services at "Refuge" to address the needs of child witnesses of domestic violence.

EDUCATION

M.A. Degree in Applied Clinical Psychology

University of Warsaw

5-year full-time Course in Psychology including 2 Years Specialism Course in Clinical Psychology of Adults
Second Specialism in Child Clinical Psychology.

Degree Thesis: "Assessment of School Maturity of Children with Speech Disorders"

International Baccalaureate

Polish Literature, Mathematics, Biology, Russian.

FURTHER PROFESSIONAL DEVELOPMENT

- Introductory Course in Family & Couple Therapy, The Institute of Family Therapy in conjunction with Surrey Social Services, 1995
- Solution Focused Brief Therapy Training, 04-06/07/2000, 12 hours
- Literature Searching on "PsychInfo", a teaching event - NHS Trust, 23/04/03
- Cognitive Therapy Unplugged: Fine Tuning Essential Therapist Skills, A Two Day Workshop by Dr Christine Padesky, London 16-17/06/03
- Loss and Bereavement, SABP, NHS Trust, 14/01/04
- Semi-structured PAS-ADD Interviewing Course, Guy's Hospital, London, 1 day, 03/02/04
- Capacity of Consent in People with Learning Disabilities, Dr Dodd, Surrey Oaklands NHS Trust, 17/03/04
- BABCP Spring Conference, Investigating and Treating Unwanted Intrusions and Ruminations, Kings College London, 21/04/04, 7 hours
- BABCP Workshop, Cognitive Behavioural Therapy for Depressive Rumination, Kings College London, 22/04/04, 7 hours
- Study Skills Course, University of Surrey, Guildford – 1 day, 13/08/04
- Health Information & Literature Searching, SABP NHS Trust, 07/10/04
- Cognitive Analytic Therapy – Training Workshops and Clinical Supervision, Adult Psychotherapy Department, SABP NHS Trust, 09/04-07/05, 16 hours of therapy with a client
- Research Awareness Course, Surrey Oaklands NHS Trust, 13/09/04
- Care Programme Approach, SABP NHS Trust, 20-21/04/05



- The Assessment, diagnosis and management of Asperger's syndrome, SABP NHS Trust, 06/07/05
- Cognitive Analytic Therapy – Supervision Group & Introductory Workshops, Adult Psychotherapy Department, SABP NHS Trust, 09/04-07/05, 16 hours of therapy sessions with a client
- Constructing a New Self: A Cognitive Therapy Approach to Personality Disorders, Dr Christine Padesky, London, Institute of Education, 23-24/05/05, 12 hours
- The New Knowledge and Skills Framework, SABP NHS Trust, 18/10/05, 7 hours
- Mental Health Research Showcase Conference - Psychological Treatment for Psychosis & NICE Guidelines, LoMHR&D virtual Institute, London, 16/03/06
- Clinical Psychology Training Programme, New Supervisor's Workshop, University of Surrey, Guildford, 26/06/06-27/06/06
- An Introduction to Systemic Practice, 30 hours Course supervised by the Tavistock Centre, SABP NHS Trust, January 2007-April 2007
- Conference on Appreciative Inquiry for Applied Psychologists, SABP NHS Trust, 01/03/07
- Challenges in the Supervisory Relationship: A Workshop for Clinical Psychology Supervisors, University of Surrey, Guildford, 11/06/07
- CBT Supervision: A Workshop for Clinical Psychology Supervisors, University of Surrey, Department of Psychology, Guildford, 12/06/07
- Safeguarding Children Awareness Training, SABP NHS Trust, 19/06/07
- East Surrey Family Work for Psychosis Network Meeting, Wingfield Centre, SABP NHS Trust, 06/09/07
- CBT for Compulsive Hoarding and Acquiring, LIEC Farnham Road Hospital, Guildford, 26/09/07
- Specialist Therapies & Service User Involvement Directorate CPD Conference, (6 hours), SABP NHS Trust, 08/10/07
- Supervising the Process of Formulation and Reformulation in CBT: Contributions from Systemic Theory, University of Surrey, Guildford, 11/12/07
- Psychotherapy for Borderline Personality Disorder: A Brief Training in the Mentalisation Based Treatment Approach. The Anna Freud Centre, London, 24 hours, 14-16/01/08.
- New Supervisors Training Course, University of Surrey PsychD Training Programme, University of Surrey, Guildford, 28-29/01/08, 03/06/08, 17/11/08.
- Narrative Forum, CPD Event, University of Surrey and SABP NHS Trust, 12/03/08, 3 hours.
- Teaching Formulation on Placement Workshop, University of Surrey PsychD Training Programme, University of Surrey, Guildford, 6 hours, 15/07/08
- New Supervisors Training Course, University of Surrey PsychD Training Programme, University of Surrey, 4 days, 15-19 November 2008
- Conflict Management to Disengagement Course, SABP NHS Trust, 8 hours, 02/12/08
- Substance Misuse & Brief Interventions, SABP NHS Trust, 8 hours, 16/12/08
- Dialectical Behaviour Therapy Training, SABP NHS Trust, 8 hours, 07/09/09
- Specialist Therapies Conference, SABP NHS Trust, 7 hours, 05/10/09
- Managing Boundaries and Strong Feelings in Supervision – Advanced Supervisors Workshop, University of Surrey, 8 hours, 02/03/10
- Using CTS-R To Improve Your Trainee's CBT Skills, University of Surrey, 7 hours, 11/10/10
- Advances in CBT: Working with Children and Families Conference, Anna Freud Centre, /10/10
- Applied Psychology Conference Evolving Therapies: Integrating Neuroscience to improve Clinical Effectiveness and to Promote Well Being, SABP NHS Trust, 8 hours, 23/02/12
- Supervisor Skills Update, Workshop, University of Surrey, 8 hours, 25/06/12
- CMHT Network Re-launch Event. Psychology and Recovery: Putting Theory into Practice, DCP Faculty of Psychosis & Complex Mental Health Event, The British Psychological Society, 7 hours, 17/09/12
- Introduction to DBT and its applications when working with people with mental health problems, CPD workshop, University of Surrey, 18/04/13



- The Development of Formulation Skills: Adult, Supervisors Workshop, University of Surrey, 8 hours, 09/09/13
- Adapting Psychological Interventions in the Face of Complexity, CPD Event, SABP NHS Trust, 6 hours, 06/11/13
- SABP CBT Conference, 6 hours, 22/11/13
- Supervisors Skills Update, University of Surrey, 7 hours, 13/02/14
- Family Intervention for Psychosis Update, SABP NHS Trust CPD Event, 6 hours, 02/04/14
- CSA-RF and Single Case Statistics for Practice Based Evidence, University of Surrey workshop, 7 hours, 9/12/14
- Understanding Acceptance & Commitment Therapy, British Psychological Society, 6 hours, 09/02/15
- Personality Disorder: Generic Competencies for CMHRS Staff, SABP NHS Trust CPD Event, 8 hours, 21/07/16
- Personality Disorder and Positive Risk taking: A New Protocol, SABP NHS Trust CPD Event, 8 hours, 04/08/16
- Trauma and Dissociation Training, SABP NHS Trust CPD Event, 8 hours 24/11/16

PREVIOUS EMPLOYMENT

2004-2008 - CHARTERED CLINICAL PSYCHOLOGIST

SURREY AND BORDERS NHS TRUST

TANDRIDGE PCMHT

- Provision of full community psychology service working closely with the B Grade Psychologist within the PCMHT and using brief therapy and serious mental health problems care pathways agreed with the B Grade Psychologist.
- Provision of advice, support, consultancy and teaching in the promotion of the most effective evidence based methods in mental health to members of the PCMHT.
- Working with managers and clinicians to help develop the new model of service for the PCMHT's.

2003-2004 - CLINICAL PSYCHOLOGIST

SURREY AND BORDERS NHS TRUST

DORKING CTPLD

- Responsibility for the provision of clinical psychology services to adults with learning disabilities living in the community.
- Working as a member of the community based multidisciplinary multi- agency team with other professionals to ensure a holistic approach to the service.
- Provision of advice, support and consultancy in the promotion of psychological well being in adults with learning disabilities to members of a Community Team for People with Learning Disabilities, Primary Care Teams, Social Services and other agencies.

1996-2001 – REFUGE, CHISWICK, LONDON (A domestic abuse charity)

The World's first refuge for women and children escaping domestic violence.

CHILD PSYCHOLOGIST

- Assessment of cognitive, emotional and developmental difficulties & provision of psychological services for children and women witnesses / sufferers of Domestic Violence.
- Crisis intervention and individual debriefing for children witnesses of Domestic Violence.
- Development of innovative schemes in Children's Services including special group programmes to address the needs of child witnesses of Domestic Violence.
- Fostering positive interaction between mother and child in form of parenting workshops for resident women.
- Provision of therapeutic services utilising cognitive behavioural therapy for children and women suffering from PTSD.
- Participation in research programmes and education about and prevention of Domestic Violence to external agencies.
- Provision of Reports for Court, attending Court Cases and Case Conferences as part of employment role.
- Liaison work with other specialised services and agencies to support direct clinical work with children and their mothers.
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