



GMC No: 3543315

Section 12 2007 Mental Health Act Approved

SPECIALISMS

ADHD (Diagnosis)
ASD (Diagnosis)
ADD (Diagnosis)
Asperger's (Diagnosis)
ADHD, ASD, ADD, Asperger's
Addiction
Anxiety / Depression
Antisocial Behaviour
Bereavement
Bipolar
Brain Injury
Capacity
Chronic Pain
Custody
Dementia/Old Age
Domestic Violence
Drug/Alcohol/Substance Misuse
Eating Disorder
Epilepsy
Fabricated Illness/Munchausen
Historic Sex Abuse
Military
Mood Disorder
Neglect
Non-Accidental Injury
OCD
Pain Management
Personality Disorders
Postnatal Depression
Psychosexual
Psychosis
Psychosomatic
PTSD/Trauma
Risk
Sexual Harassment
Schizophrenia
Self Harm
Sex Change
Suicidal Ideation
Victims of Torture

CASE TYPES

ADHD
Clinical Negligence
Cognitive
Coroner's Reports
Criminal
Disability Discrimination
Employment Tribunal
Family
Forensic
Historic Sexual Abuse
Housing
Immigration & Asylum
Litigation Capacity/ Fitness to Plead
Neuropsychiatric
Personal Injury /RTAs
Risk Assessments
Second Opinion
Testamentary Capacity

MEDICO-LEGAL

I am regularly involved in assessing parenting issues in adults with mental health difficulties and addiction.

I have been involved in assessing a number of cases involving Munchausen syndrome. In addition adult ADHD/Autism and functional neurological disorder.

I assess psychological injuries and have had 20 years of involvement in medico-legal assessments.

I have worked in immigration cases. I undertake criminal fitness to plead assessments for prosecution and defence cases-50%/50%.

I undertake instructions in clinical negligence and the impact of this psychologically.

My experience in assessing PTSD includes military settings (Gulf War, Northern Ireland, Bosnia and Far East Prisoners of War) Terrorist incidents, Clinical Negligence, and Accidents personal injury and occupational events.

I regularly undertake medical negligence cases for psychological/psychiatric injury assessment as a result of NHS care failings. I have undertaken 15 instructions on post surgical cases in 2012/2013. I have provided reports for claimants and NHS trusts.

I have considerable expertise on capacity assessments and formally undertake, for legal purposes 40 assessments per year on capacity.

EXPERTISE IN PSYCHIATRY

I sat on local trust committees for example drug and therapeutics which looks at interventions and risk issues in mental health.

I contribute to NHS local protocols and policy. I sit on two national committees setting the agenda for new innovations in primary care mental health and complex design interventions. I have advised on US health policy mental health aspects through links to University Indiana health service research group. Examples include mental health screening and contribute to G7 mental health councils on policy and pathway.

I have broad experience in trauma assessments, anxiety disorders, psychosis and depression.

I have undertaken numerous cases reporting on the impact of care home closures on the elderly as well as forensic reviews of government reports for court cases in this area.

I supervise treatment and management.



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EXPERTISE IN ADDICTION

I trained as a specialist in General Adult and Old Age Psychiatry. I spent a significant proportion of my training in assessing addiction cases in my work for the Ministry of defence. I set up service protocols and detox pathways.

I have experience of drug users has been through exposure as part of my General adult training as co-morbid. I am experienced on assessment and currently am often called to assess conditions which may or may not be related to substance misuse and to risk assess in the independent sector and NHS. I have been involved in methadone management in the past. I have expertise in assessing personality issues relevant to drugs. Currently aside from assessing cases in a medico legal setting in various age groups/conditions e.g., alcoholism- my day-to-day NHS work is with the elderly. I assess and manage patients with prescribed medication addictions.

Until 2010 I lectured at degree level on the management of addictions in all forms at the University of Kent and was involved in training addiction counsellors-prison officers, social workers etc. I am reviewer for the international Cochrane collaboration on alcohol. I have significant experience of appraising research evidence and in my practice adopt the latest research practice. I am currently collaborating on the assessment and managing anger and violence and applying such techniques from forensic mental health to challenging behaviour inquests.

EDUCATION

1976 – 1985	St George's College, Weybridge
1985 – 1991	Royal Free Hospital School of Medicine BSc (Hons) Biochemistry with Basic Medical Sciences. Molecular Biology Research – Academic Department of Haematology. Leukaemia enzyme assay development.
1991	Obtained MBBS
1992	Certificate in Aviation Medicine
1995	Part I MRCPsych
1997	Part II MRCPsych
1999	Medsci-Psychiatry and Behavioural Sciences University of Leeds. Winner of the Max Hamilton Prize in Psychiatry
2002	Certificate in Education

WORK EXPERIENCE

August 2021— Ongoing	Consultant Psychiatrist/Professor of Clinical Psychiatry I have a clinical position in Norwich city centre where I undertake community assessments and work in a multi-disciplinary team. I head up a multi-disciplinary Research group at the University of Exeter undertaking research in mental health and cognition and I am part of a research group into psychedelics and cannabis. I am one of the national leads into research involving medical technology into healthcare in the NHS.
August 2010— 2021	Consultant Psychiatrist/Senior Lecturer I had a clinical position in Norwich city centre where I undertook community assessments and worked in a multi-disciplinary team. I headed up a multi-disciplinary Research group at the University of East Anglia. I was one of NIHR DeNDRoNs research directors.



- Aug 2001 - 2010 **Consultant Psychiatrist/Senior Lecturer**
Worked in Folkestone as a clinician and researcher. Research areas include evidence based practice in psychiatry – 2 Cochrane collaboration systematic reviews – alcohol and aggression. New team and involved in service development/provision. Director of one the 25 national networks-CLRN managing/developing NHS research infrastructure.
- April 2000 **Psychiatric Specialist Registrar, Dept of Psychiatry of Old Age and working age The Fairmile Hospital, Wallingford, Oxford.**
Worked as Specialist Registrar in Old Age Psychiatry. Assisted with development of a new service. Active member of research, audit and governance forums. Contributed to the development of risk protocols for psycho geriatric in-patients. Involved in medico-legal assessments and capacity assessments.
- May 1999 – March 2001 **Department of Psychiatry of Old Age Warneford Hospital, Oxford**
Worked as Specialist Registrar in Old Age Psychiatry. Involved in departmental discussions around provision of a service for acetyl-cholinesterase inhibitor medication. Clinical experience of in-patient, liaison and community old age psychiatry. Exposure to allied specialities e.g. social services teaching, training and interdisciplinary research. Involved in recruitment of patients to Oxford Project to investigate memory abnormalities. Developed information patient/carer leaflet on cognitive enhancer medication and risk scale tools placed on Oxford mental health services intra-net. Set up and Chair of regional Specialist Registrar Research and Audit Training Forum. Involved in teaching and training of team members. Special interest in PTSD assessment unit at dCP RAF Brize Norton.
- Aug 1998- May 1999 **RAF Brize Norton Department of Community Psychiatry**
Worked as community Specialist Registrar. Outpatient work in GP's surgeries. Involved in education of psychiatric nurses and medical staff. Two presentations to the Department of Psychiatry University of Oxford. Involved in redesign of audit protocols for group treatment for anxiety and also development for Post Traumatic Stress Disorder assessment. Alcohol and substance misuse assessments.
- Aug 1997 - Aug 1988 **Northallerton NHS Trust Yorkshire**
As a specialist registrar ran a community clinic for the army for two days every 2 weeks. General practise and community psychiatric nurse liaison. Forensic cover for MCTC-military prison. Assisted in training of community psychiatric nurses and general practitioners. Involved in review of service provision and expanding of the service with liaison with nearby civilian and military consultant psychiatrists. Busy clinical experience with a varied case mix in particular culturally with treatment of Ghurkha patients (Nepalese).
- Oct 1996 – Aug 1977 **Senior House Officer/Registrar**
Registrar General Adult Psychiatry inpatient unit. Varied case mix. Shared weekend on call with nearby NHS unit. Gained limited experience in individual & group cognitive behavioural treatments for post traumatic stress disorder. Medical Library Liaison Officer.
- Apr 1996 – Oct 1996 **Northallerton NHS Trust**
Registrar in Old Age Psychiatry. New team with new consultant. Assisted with reorganisation of team.



Aug 1993 – Oct 1995 **Military Training Scheme Duchess of Kent Hospital Catterick plus Princess Alexandra's Hospital RAF Wroughton.**

This training scheme consisted of six months of Alcohol training with 1 year part time post at the Warnford Hospital Oxford in individual psychotherapy. The rest of the experience was in General Adult Psychiatry. Assisted in development of computerised personality and PTSD assessments.

GENERAL

Aug 1992 – Aug 1993 General Practice RAF Gatow Berlin SHO. Involved with UK and USA forces sexually transmitted diseases and HIV prevention programme

Jan 1992 – Aug 1992 House Physician HIV/Respiratory/Haematology/Geriatric medicine, Royal Free Hospital, London.

Aug 1992 – Jan 1993 House Surgeon Royal East Sussex Hospital, Hastings.

INTERESTS

Application of computers in psychiatry
Management of Dementia and Chronic Neuroses in the elderly
Addictions
Psychopharmacology
Post traumatic stress disorder
Management
Teaching

Details of current research published material, academic activities and presentations undertaken available on request. I have published more than 50 peer reviewed scientific papers, written book chapters. I edit a national journal as well as an international text book and I peer review for four international journals. Through my involvement with the CLRN I make active contributions to department of health policy on health service research.